ILLNESS ALERT: COVID

Date: _____

Please be advised that a child in our facility was diagnosed with COVID. Please read below for more information about this communicable disease and how to prevent illness.

What is COVID? COVID-19 is a disease caused by SARS-CoV-2 that can trigger what doctors call a respiratory tract infection. It can affect your upper respiratory tract (sinuses, nose, and throat) or lower respiratory tract (windpipe and lungs).

Symptoms:

The main symptoms include: Fever, Coughing, Shortness of breath, Trouble breathing, Fatigue, Chills, sometimes with shaking, Body aches, Headache, Sore throat, Congestion/runny nose, Loss of smell or taste, or Nausea.

Exclusion from School or Childcare: Children can generally return to daycare when they are **fever-free for at least 24 hours** (without fever-reducing medication) and their **symptoms are improving overall**.

Program actions: The effected classroom(s) have been thoroughly cleaned and disinfected, including toys and furniture. Handwashing is being closely monitored.

For more information on Covid: contact the Ohio Department of Health or

visit http://www.odh.ohio.gov/.