



PRESCHOOL



Learning Beyond Paper, Inc.

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TABLE OF CONTENTS

Introduction 5	
21st Century Learners 5	5
Characteristics of Preschool-Age Children 6	
Teacher Interactions and Intentionality 7	
Intentional Teachers' Role 7	
Interaction	
Leading With Equity	
Early Childhood Educators' Key Responsibilities to Create Equity	
Early Childhood Workforce Equity Including Children with Disabilities	
Differentiated Instruction	
Scaffolding	
<u> </u>	9-32
Designing the Indoor and Outdoor Environment	
Environmental Messages to Children	
Environmental Messages to Families	
Discovering Current Messages About Physical Environment	
Entry Space Indoor Furniture and Ambience	
Outdoor Furniture and Ambience	
Materials	
Quality and quantity of materials	
Living things for children to care for	
Accessible Materials	
Intentional Organization	
Promoting Independence Increasing child control while teachers are in charge	
Involving Children in Design of Physical Environment	
Sharing Power With Children In Design of Physical Environment	
Ideas for Maximizing Design of Indoor and Outdoor Classroom Spaces	
Setting Up Centers	
Messaging to families	
General Setup Indoor and Outdoor	
Infusing literacy and math throughout each center	
Literacy	
Mathematics	
Quiet / relaxation / safe space	
Construction / blocks	
Dramatic play	
Science / Sensory Table	
Writing Art	
Gross Motor	
Setting up shared-use spaces	



TABLE OF CONTENTS

Small Group	
Large Group	
Environment considerations for mealtimes	
Environment considerations for naptime	
Classroom Environment Resources:	
Technology in the Classroom	
Health and Safety	
Class Structure	32-43
Schedule	32-43
Tips for developing a schedule	
Time Needed for Routine Parts of Day	
Visual Schedules	
Creating a Visual Schedule	
Using a Visual Schedule Routine Parts of the Day	
Together Time	
Learning Center Time	
Small Group Instruction	
Outdoor Adventures	
Arrival at school	
Snack and Meal Time	
Transitions	
Routines	
Classroom Rules	
Sample Schedules	
Sample Schedule 1	
Sample Schedule 2	
Resources for Schedule, Rituals, and Routines	
Classroom Jobs	
Creating a Sense of Community	
Standards-Based Learning	43-45
Linking Standards to the Curriculum	10 10
Complexity and Depth	
Play and Authenticity	
Planning and Reflection	
Teacher Boot Camp	
Language and Emergent Literacy	
Social/Emotional Learning	
Approaches To Learning	
STEAM	
Physical Development	
Social Studies	
Role of Assessment	50-56
NUIE UI MSSESSIIIEIIT	30-30



Child-Level Progress Monitoring and Assessment Purpose and Big Picture

TABLE OF CONTENTS

Types of Assessment and Progress Monitoring
Using Child-Level Assessment Results
Learning Beyond Paper Progress Monitoring
Ages and Stages Questionnaires (ASQ)
Classroom-Level Assessments
CLASS (Classroom Assessment Scoring System) Tool
Environmental Rating Scales
Program-Level Assessment
Early Education Essential Survey
Program Quality Assessments (PQAs)
Program Accreditation
NAEYC Early Learning Program Accreditation
Accredited Professional Preschool Learning Environment (APPLE)

Family Engagement 56-61

Beginning the Year
Connecting Strategies
Authenticity
Partnering
Understanding Perspectives
Perspective-Building Strategies
Teachers and Families: Many Languages
Language-Related Strategies

Using the LBP Curriculum Getting Started 61

Finding What You Need Becoming Proficient Full Proficiency



INTRODUCTION

Learning Beyond Paper is a social-constructivist curriculum. Young Children are inherently social beings. As such, learning is most robust when children engage with peers and adults around activities where they are actively engaged. Children construct knowledge bridged upon what they already know, but it is that social, relationship-based connection that acts like glue - cementing understanding and seeking more.

21ST CENTURY LEARNERS

"You can't teach about things that don't exist yet, but you can teach someone to learn how to learn. " - Leo SaLemi



Did you know that some experts identify that 85% of the jobs that will exist in 2030 haven't been invented yet? What does that mean for us as early childhood educators? We need to think of the young children we work with as global learners who will need some more universal tools we know, such as collaboration, critical thinking, communication, and creativity, as well as those they will have to develop as they journey further in their life. These universal tools are sometimes called the Four C's of 21st Century Learning. While changes will be rapid over time, these more universal tools are constant and can help children handle things that may come their way.

The children we work with today are children of the world, an interconnected world that we as adults did not experience at an early age. While concrete experiences with real three-dimensional

objects, actual in-person relationships, and authentic problems to solve are of the most critical importance, children of today have access to tools and technology that we didn't have when even sending people to the moon. Technology itself is neither good nor bad, but how we use these tools as tools to progress the 4 C's could not be more important.

Teaching good problem-solving, being a critical thinking, will be important in solving new problems that our generations couldn't even dream of. People will be called to work together, collaboratively, to design greener spaces, determine how to best govern ourselves, and that takes a great deal of communication. It takes time and practice to understand verbal and non-verbal communication - and multiple languages, across cultures. But what excitement is there to be found in this new frontier.

The Learning Beyond Paper (LBP) Curriculum focuses on HOW to learn as well as teaching content based on developing all areas of developing themes. Think of it as weaving threads within a fabric that can be shaped into a shirt, a hat, or a fancy dress - it can become anything because of the fabric (universal tools).

References:

85% of Jobs That Will Exist in 2030 Haven't Been Invented Yet: https://www.linkedin.com/pulse/85-jobs-exist-2030-havent-been-invented-yet-leo-salemi/

Characteristics of 21st Century Learners: https://blog.kamiapp.com/characteristics-of-21st-century-learners/

Education for the 21st Century: https://globaled.gse.harvard.edu/files/geii/files/2014_education_report_web.pdf



CHARCTERISTICS OF PRESCHOOL-AGE CHILDREN

Preschoolers, 3- and 4-year-olds, offer a bright, exciting livelihood to the preschool classroom. Preschoolers are developing independence, which can be frustrating and exhilarating. This independence doesn't occur without opportunity and practice, and you play a critical role in the growing freedom and success that

preschoolers in your class feel. Preschoolers tend to be ego-centric, but developmentally, they are open to learning about others - compassion - and how they impact other people and things - empathy - and how other people affect them. You need to find ways to remain in control of the classroom while giving preschoolers many opportunities to hold power. Understanding the general characteristics of preschoolers can help you to find ways to share power with children.

In general, preschoolers:

- Like to complete self-care activities by themselves and want to help with classroom jobs. They learn the satisfaction of completing something by themselves.
- Learn all about their world and how it works.
 They will ask "why" frequently!
- Practice being a friend to other children their age.
- Put their rapidly-growing motor skills to practical use, learning complex movements such as hopping, skipping, and climbing and for many - near-constant action!



- Developing speech pronunciation during this time, and practice talking and interacting with others plays a huge part.
- Understand the difference between right and wrong.
- Start to learn the difference between reality and fantasy.
- Display new fears, especially when unexpected things happen. Predictability is essential to preschoolers feeling confident and secure.
- Learn to follow simple rules in the games such as Duck, Duck, Goose. They have a difficult time not winning and may have a hard time when they don't win every time.
- Are heavily influenced by what they experience. Modeling is a powerful tool.
- Learn with their whole bodies, and most love to taste, touch, move, explore, smell, watch, and wonder.
- Begin to develop literacy skills. They learn to write letters usually those from their name first. They begin to recognize alphabet letters, first being those from their name. They also become skilled at rote alphabet knowledge and counting. That is, singing the alphabet song, reciting numbers in order (more or less), although neither may be in response to specific letters or counting actual objects.
- Look up to adults you as a teacher and family members and seek approval and acknowledgment. When you ask a child a question, a preschooler will try to give what they believe to be the correct answer and understand why the response may be right.
- Learn from repetitive activities, such as songs, books, and oral stories. They request favorites repeatedly, and they gain different levels of understanding through repeated exposure and experience.



- Show innate curiosity, and don't want to miss out on things. This behavior can look like distractibility.
- Struggle to understand another's perspective or emotions.

Teacher Interactions and Intentionality

Without a plan, it's hard to know where to start or where you may end up. Teaching young children requires intentionality, a meaningful plan grounded in child development, and social-constructivism. Intentionality describes a mindset where you, as the teacher, create meaning - the why - behind all instructional decisions.

Intentionality means that each activity, interaction, selected materials, or learning center has had deliberate thought put into it and matches what is most meaningful for young children's learning and development. This could be in room arrangement, intentionally placing furniture to prevent an area for running, or a small group, planning carefully for three children's learning needs in today's group. Intentionality is also explaining the reasoning behind decisions to others - children, teachers, parents - to grow child development understanding and collaboration that

benefits children.

As an intentional teacher, you create a nurturing environment for young children by:

- Communicating daily with children in positive and respectful tones
- Praising children and acknowledging their efforts using kind affirmative words
- Encouraging and motivating children to do more and to continue trying.
- Using words which inspire curiosity, creativity, and confidence
- Modeling practical conversational skills of listening and speaking and encouraging children to do the same
- Building positive relationships through immediate and appropriate responses to children's physical and emotional needs
- Encouraging children to express themselves freely and foster thinking through open-ended questions
- Demonstrating enthusiasm and respect by engaging with children —not just for behavior or academic interventions

Intentional Teachers' Role

- Recognize each child is an individual with different life experiences
- Understand that families are the child's first teacher
- Establish relationships to engage the family in the child's learning journey
- Observe and use informal and formal assessment tools to guide the development of learning opportunities to scaffold each child's learning path





- Consider every minute of every day as a learning opportunity
- Organize, plan and use reflection as a part of daily practice
- Remain curious and motivated as a teacher to continue Professional Development by attending conferences and workshops and sharing with colleagues (including online groups and forums)
- Recognize that research guides practice and acknowledge that the "this is the way it has always been done" mentality is not a reason to do something
- Ensure that each choice made demonstrates knowledge of child development and developmentally appropriate practice

Reference:

https://extension.psu.edu/programs/betterkidcare/early-care/tip-pages/all/intentional-early-educators-tell-me-more#:~:text=Intentionality%2C%20as%20described%20by%20the%20National%20Association%20for,of%20Young%20Children%2C%20is%20
"being%20planful%20and%20deliberate."





NAEYC Advancing Equity Recommendations for Early Childhood Educators Create a Caring, Equitable Community of Engaged Learners Uphold the unique value and dignity of each child and family. Ensure that all children see themselves and their daily experiences, as well as the daily lives of others within and beyond their community, positively reflected in the design and implementation of pedagogy, curriculum, learning environment, interactions, and materials. Celebrate diversity by acknowledging similarities and differences and provide perspectives that recognize beauty and value across differences. Recognize each child's unique strengths and support the full inclusion of all children—given differences in culture, family structure, language, racial identity, gender, abilities and disabilities, religious beliefs, or economic class. Help children get to know, recognize, and support one another as valued members of the community. Take care that no one feels bullied, invisible, or unnoticed. Develop trusting relationships with children and nurture relationships among them while building on their knowledge and skills. Embrace children's cultural experiences and the languages and customs that shape their learning. Treat each child with respect. Eliminate language or behavior that is stereotypical, demeaning, exclusionary, or judgmental.

Consider the developmental, cultural, and linguistic appropriateness of the learning environment and your teaching practices for each child. Offer meaningful, relevant, and appropriately challenging activities across all interests and abilities. Children of all genders, with and without disabilities, should see themselves and their families, languages, and cultures regularly and meaningfully reflected in the environment and learning materials. Counter common stereotypes and misinformation. Remember that the learning environment and its materials reflect what you do and do not value by what is present and what is omitted.

Involve children, families, and the community in the design and implementation of learning activities. Doing this builds on the funds of knowledge that children and families bring as members of their cultures and communities while also sparking children's interest and engagement. Recognizing the community as a context for learning can model citizen engagement.

Actively promote children's agency. Provide each child with opportunities for rich, engaging play and opportunities to make choices in planning and carrying out activities. Use open-ended activities that encourage children to work together and solve problems to support learning across all areas of development and curriculum.

Scaffold children's learning to achieve meaningful goals. Set challenging but achievable goals for each child. Build on children's strengths and interests to affirm their identities and help them gain new skills, understanding, and vocabulary. Provide supports as needed while you communicate—both verbally and nonverbally—your authentic confidence in each child's ability to achieve these goals. Design and implement learning activities using language(s) that the children understand. Support the development of children's first languages while simultaneously promoting proficiency in English. Similarly, recognize and support dialectal differences as children gain proficiency in the Standard Academic English they are expected to use in school.

Recognize and be prepared to provide different levels of support to different



Interaction

Interactions involve how a teacher communicates with and responds to the children in their classroom. Because learning is a social process, quality interactions are essential to preschoolers' development across all domains. Meaningful interactions stretch preschooler's cognitive abilities and teach them to get along well with others. Preschoolers spend a good portion of their day in school, and the encounters they have there will shape their attitudes towards future educational experiences.

Relationships with caring, responsive adults are at the very foundation of a young child's learning. Teachers must provide a consistent and inviting environment that is emotionally supportive of all children. Some suggestions for forming the type of connections with students that will foster meaningful interactions are listed below:

- Get to know your student's ba
- ckgrounds, temperaments, interests, and preferences.
- Respond to their needs and emotional cues consistently and with sensitivity.
- Validate children's feelings and match their affect.
- Create a joyful atmosphere, smile and laugh often, make eye contact, and provide physical affection.
- Use a warm and welcoming tone of voice and maintain approachable body language.
- Encourage peer interaction and model social problem-solving strategies.
- Find ways to show children they are valuable members of your class, and you enjoy being their teacher.







The connections you make with preschoolers are essential in providing meaningful interactions that will foster cognitive development. In the book, Powerful Interactions: How to Connect to Children to Extend their Learning (Dombro, Jablon, & Stetson, 2011), the authors discuss a three-step strategy for providing high-quality interactions that positively impact young children's growth and development. Teachers are encouraged to "be present, connect, and extend learning." Once you have determined a child's interests and established a meaningful connection, there are several ways to extend learning in the preschool classroom, such as:

- Offering hands-on opportunities and encouraging exploration.
- Providing an array of engaging materials that address different interests and learning styles.
- Engaging in conversations with the children as they play.
- Looking for opportunities to stretch their thinking.
- Thoroughly answering their questions using language that they understand.
- Encouraging higher-order thinking by asking open-ended questions.



Assisting children in linking new skills and knowledge to concepts with which they are already familiar.

Consistently facilitating intentional, high-quality interactions with preschoolers will lead to increased engagement, improved child outcomes, and a life-long appreciation for learning.

Resources

Interactions Matter: What Research Says and What You Can Do

http://bkc-od-media.vmhost.psu.edu/documents/HO_InteractionsMatter.pdf

Building Positive Teacher-Child Relationships

http://csefel.vanderbilt.edu/briefs/wwb12.pdf

References

Dombro, A. L., Jablon, J., & Stetson, C. (2011). Powerful Interactions: How to connect with children to extend their learning. Washington, DC:

NAEYC.

Leading With Equity

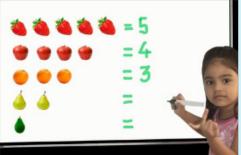
Young children's development in the first five years of life is extraordinary and unparalleled. It is during these years when the brain's development helps set the tone for later learning and ultimately, success. We know that prevention, by teaching children appropriately and ensuring they meet developmental milestones and skill development, is much more productive and easier than intervention. Also, intervention earlier is more productive than as the child gets older.

However, far too few children have access to high quality early childhood experiences, whether at home or school, and so far before children, children experience inequity. This can be improved best in programs that reflect on how to ensure that children and families have equitable access to attend. This may include scholarships or other supports and creative solutions. While some of these decisions are outside the realm of the classroom teacher's responsibility, teachers have a voice to help shape program policy.

Teachers also have a responsibility to continuously build a more equitable classroom. Like many other topics, it's hard to ever know enough or do enough. It is a case of always working to improve conditions of equity, reflecting on our practice to see where we are and where we could go, and building relationships necessary to make equity a reality for ALL children. While this can seem incredibly daunting, every step toward creating equity, every action and strategy that benefits the children in your classroom, can make the life of an individual child that much better. That effect is invaluable.

Learning about equity has many paths. Learning about biases we may hold is very valuable. Understanding that we all have biases, and understanding what your biases are, helps us to keep an eye on it and work on improving it.









One way to take a look at your biases is to try one of the Implicit Association Tests (IAT) that are a part of Harvard's Project Implicit [®].

These online IATs, for your own benefit and consideration, can be found here: https://implicit.harvard.edu/implicit/takeatest.html. One quote from the National Equity Project sums bias up well. "Bias is inevitable. Your Interactions are not." - National Equity Project Leaders (retrieved from page 16: https://www.naeyc.org/sites/default/files/globally-shared/downloads/PDFs/our-work/initiatives/equity_summit_final.pdf). The NAEYC Position Statement, Advancing Equity in Early Childhood Education, includes recommendations for early childhood educators, categorized into 4 groups:

- Creating a Caring, Equitable Community of Engaged Learners
- Establishing Reciprocal Relationships with Families
- Observe, Document, and Assess Children's Learning and Development
- Advocate on Behalf of Young Children, Families, and the Early Childhood Profession

The recommendations are included within this guide in appropriate sections. The entire position statement, including recommendations, can be found here as well: https://www.naeyc.org/resources/position-statements/equity.

Early Childhood Educators' Key Responsibilities to Create Equity

Early childhood educators, that's you, have a responsibility to create more equity daily, yearly, and in as many ways as we can. It is not easy work, but important to best serve children and their families. The strategies outlined below are from the NAEYC Equity Summit report (retrieved from page 19: https://www.naeyc.org/sites/default/files/globally-shared/downloads/PDFs/our-work/initiatives/equity_summit_final.pdf)

- Reflect and learn
- Create a caring, equitable community of engaged learners
- Establish reciprocal relationships with families
- Teach to promote learning and plan curriculum to meet meaningful goals
- Assess children's learning and development
- Advocate on behalf of young children and the profession

Early Childhood Workforce Equity









There are also incredible challenges in creating equitable working conditions for early childhood educators. There exist great disparities in education and compensation across the early childhood spectrum, depending upon the funding stream(s) of various programs.

The National Association for the Education of Young Children (NAEYC) has been a leader in thinking about and promoting equity. Information, including articles, can be found on the Advancing Equity Initiative page here: https://www.naeyc.org/our-work/initiatives/equity.

Part of NAEYC's work in this area includes a report from the Leading and Working toward Equity Leadership Summit entitled Leading with Equity: Early Childhood Educators Make It Personal. This report includes information about workforce equity, examining biases, how to engage in conversations, and plans for an equity statement (which has been completed since the summit). The report is here: https://www.naeyc.org/sites/default/files/globally-shared/downloads/PDFs/our-work/initiatives/equity_summit_final.pdf. The Advancing Equity in Early Childhood Education position statement is available in English, Spanish, and Chinese here: https://www.naeyc.org/resources/position-statements/equity.

NAEYC Advancing Equity Recommendations for Early Childhood Educators Advocate on Behalf of Young Children, Families, and the Early Childhood Profession

Speak out against unfair policies or practices and challenge biased perspectives. Work to embed fair and equitable approaches in all aspects of early childhood program delivery, including standards, assessments, curriculum, and personnel practices

Look for ways to work collectively with others who are committed to equity. Consider it a professional responsibility to help challenge and change policies, laws, systems, and institutional practices that keep social inequities in place. https://www.naeyc.org/resources/position-statements/equity/recommendations-ECE

Tips for Successfully Including Children with Special Needs

- Use positive, "People First" language. For instance, if it is necessary to refer to a child's disability, say, "child with a visual impairment" rather than "visually impaired child" or "blind child." If it is not necessary to address their disability, simply use the child's name.
- Communicate frequently with families (e.g., daily texts, emails, photographs with short narratives, or a "school-home notebook").
- Ask permission to exchange information with





therapists (e.g., speech and language, occupational, physical) and identify helpful strategies.

- Learn about specific disabilities through families, therapists, and other reputable sources (see resources).
- Use specialized equipment and assistive technology when appropriate.
- Intentionally select materials and equipment to match children's varying interests and ability levels.
- Help a child accomplish a complicated task by breaking it into smaller parts and providing pictures of each step.
- Take every opportunity to maximize a child's chance of success.
- Provide books, posters, and materials that portray individuals with disabilities as strong and capable.
- Use verbal, visual, and physical cues to provide clear directions and expectations.
- Enhance oral language with pictures, symbols, props, and American Sign Language.
- Employ "First-Then" statements ("First put the blocks away, then you may choose another center.").
- Create a picture schedule that reflects daily activities and refer to it throughout the day.
- Assist children with transitions by preparing them ahead of time and telling them what to expect.
- Teach typically developing peers to initiate interactions with peers.
- Provide a small object ("fidget") for the child to hold during group time.
- Plan for, and support, peer interactions.
- Provide play materials and activities designed for two or more children.
- Be creative, and remember that learning should be fun!

Children's Books About Disabilities

Daniel's New Friend by Becky Friedman

My Brother Charlie by Holly Robinson Peete & Ryan Elizabeth Peete

Playing and Learning Together Meeting Mimi by Francie Dolan

Roxy the Raccoon: A Story to Help Children Learn about Disability and Inclusion by Alice Reeves

Some Kids Are Blind (Understanding Differences) by Lola M. Schaefer

Some Kids Are Deaf (Understanding Differences) by Lola M. Schaefer

Some Kids Use Wheelchairs (Understanding Differences) by Lola M. Schaefer

Some Kids Wear Leg Braces (Understanding Differences) by Lola M. Schaefer

Susan Laughs by Jeanne Willis

We'll Paint the Octopus Red by Stephanie Stuve-Bodeen

Resources for Early Childhood Professionals

ADHD in the Young Child: Driven to Redirection: A Guide for Parents and Teachers of Young Children with ADHD by Cathy Reimers & Bruce A. Brunger

Cara's Kit: Creating Adaptations for Routines and Activities by S.A. Milbourne & P.H. Campbell

The Inclusive Early Childhood Classroom: Easy Ways to Adapt Learning Centers for All Children by Patti Gould & Joyce Sullivan

Simple Signing with Young Children: A Guide for Infant, Toddler, and Preschool Teachers by Carol Garboden Murray

Teaching Young Children with Autism Spectrum Disorder by Clarissa Willis

Websites

Council for Exceptional Children, Division for Early Childhood www.dec-sped.org Center for Parent Information and Resources www.parentcenterhub.org



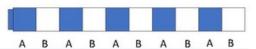
National Early Childhood Technical Assistance Center www.ectacenter.org
Frank Porter Graham Child Development Institute, University of North Carolina www.fpg.unc.edu
Center on the Social and Emotional Foundations for Early Learning http://csefel.vanderbilt.edu/index.html
Circle of Inclusion http://circleofinclusion.org/

Differentiated Instruction

Successful teachers recognize that all students come to the classroom with different strengths, interests, and experiences. Teachers must differentiate their instruction to address their student's unique learning styles and personalities. Tailoring lessons and activities to the diverse characteristics of each learner increases student engagement. You can create a supportive environment that maximizes learning opportunities for all

children by adjusting activities, goals, groupings, and materials.

Your preschool classroom may include three, four, or five-year-olds depending upon the time of year and if your program uses multi-age grouping. Even within 12 months (e.g., children who are three years, 0 months through 3 years, 11 months, 29 days), there are considerable variances in development, experience, and skills. Differentiated Instruction is essential to truly meet children's needs and help them continue growing. Differentiation doesn't mean teaching different things, but simply adjusting the level of complexity - based on the individual child/ren.



How it Works

Consider the foundational skills needed for a child to understand a new concept. For example, before a child can create an AB pattern, he or she must understand the concept of classification and determine like and different objects. This skill allows the child to distinguish a pattern from a non- pattern. Next, the child must be able to copy a simple pattern using objects to duplicate a modeled example. Finally, they must demonstrate that they can extend or complete an established pattern by building on. Once the child is proficient at these tasks, they may begin to explore activities that encourage them to create a simple AB pattern. Because all children will not be ready to create AB patterns on the same day, it will be necessary to determine which skills will require further practice. Depending on where the child falls on this developmental progression, they may benefit from working on the skill in several ways:

- Receiving individualized assistance from the teacher.
- · Participating in small groups.
- Being paired with a peer whose skills are more advanced.

Once you have determined which children are ready to move on to creating AB patterns, encourage them to choose activities that will







support this skill. Beginners will do best by creating patterns using color as the differentiating feature. Still, children with more experience may use shape, sound, or other distinguishing characteristics. A few examples of activities that address this skill are listed below:

- Invite a child to choose two colors of paint and create an AB pattern on paper.
- Provide beads and string so that a child may create a necklace or bracelet using the pattern.
- Supply various colors of Unifix cubes and challenge a child to create a pattern with them.
- Encourage children to use unit blocks to create a horizontal or vertical pattern (e.g., rectangle, square).
- Challenge children to create a pattern using their bodies (e.g., stomp, clap or blink, nod).
- Invite a child to make a pattern using small cars and trucks.
- Ask children to create a pattern using markers and paper (e.g., red line, purple line, or circle, square).
- Supply Post-It Notes in two colors or sizes and encourage children to create patterns.
- Provide various instruments so that children may create patterns (e.g., one beat of the drum, one ring of the bell).
- Give children opportunities to create snack patterns (e.g., pretzel stick, goldfish cracker or apple slice, cheese cube).

Children who have already mastered AB patterns may be encouraged to create ABC or AAB patterns. They might also choose to create their own pattern.

Tips for Differentiating:

- Activate and assess children's prior knowledge.
- Employ ongoing-informal assessments to determine where students are and what their next step should be.
- Know your students and consider their personalities, interests, ability levels, and learning styles.
- Describe new concepts in multiple ways.
- Model and demonstrate the new concept.
- Support different learning styles (auditory, visual, tactile, and kinesthetic).
- Select materials that fit the student's interests and developmental needs.
- Develop clear learning goals using standards or curriculum.
- Recognize and provide different levels of support based on individual needs.
- Provide students with choices about how they will investigate a new concept or skill.
- Pair up a child with a learning buddy.
- Provide modeling and assistance as necessary.
- Offer opportunities for hands-on, multi-sensory practice and exploration.
- Encourage students as they practice new concepts.
- Remember to keep it fun and positive!









Resources

Preschool Differentiated Math Lesson (video clip) https://www.youtube.com/watch?v=c70uW3_giZ0

Differentiating Instruction in the Preschool Classroom: Bridging Emergent Literacy Instruction and Developmentally Appropriate Practice (article)

https://www.ashland.kyschools.us/userfiles/489/my%20files/elln%202015-2016%20day%204/differentiatinginstruction-earlychildhood-purcell.pdf?id=27596

Scaffolding

In construction, scaffolding is a temporary structure workers use to access heights and areas that are too challenging to reach. In education, scaffolding is the process of providing structured support and guidance for thinking and learning. You scaffold through language and social interactions. The goal of scaffolding is to offer children enough assistance to be more successful than they would be without it. You offer children ways to achieve a task through subtle interventions and varying levels of support.

A key concept in scaffolding is the Zone of Proximal Development or ZPD, the range of competencies that a child can perform with assistance but cannot yet perform independently. Teachers can make the most

of a child's ZPD by regularly providing opportunities that stretch the child's existing knowledge and skills and providing the scaffolding necessary for success. Your role is to observe the child, assess their needs, and provide the support needed to reach the next level. Eventually, you remove the support (scaffolding), and the child will be able to complete the task independently. Scaffolding success uses a variety of strategies:

Hints - Provide just enough information to enhance the child's understanding without giving away the answer.

Suggestions - Offer multiple ways to complete a task.

Modeling - Demonstrate ways to solve the problem or complete the task.

Questioning - Ask open-ended questions such as: "What do you think will happen if...?" Or, "What is another way you might...?"

Providing Feedback - Offer just enough feedback to move the child to the next level.

Offering Encouragement - Inspire the child to continue trying by commenting on their persistence, problem-solving abilities, or creativity.

Scaffolding can take place in various settings, using a variety of tools and approaches. A teacher may ask how to make the block structure taller, or a peer may explain how to hold a crayon sideways to make a leaf





rubbing. Scaffolding takes on many forms but always leads to the child coming away from experiences with more information than when they started.

By understanding what children can achieve independently and what they can achieve with assistance from an adult, educators can develop plans to teach skills in the most effective manner possible. For more information about scaffolding, check out these links:

Scaffolding: Approaches and Practices (article) http://bkc-od-media.vmhost.psu.edu/documents/HO_MIL_GI_Scaffolding.pdf

Scaffolding Children's Learning (video) https://eclkc.ohs.acf.hhs.gov/video/scaffolding-childrens-learning Scaffolding Tips for Teachers (article) https://eclkc.ohs.acf.hhs.gov/video/scaffolding-childrens-learning Scaffolding-teachertips.pdf

Open-Ended Questions

One way to scaffold a child's learning is to ask open-ended questions. These inquiries encourage reasoning and creative thinking while helping the child see that there are often many solutions to a problem. Openended questions have no one right answer, require more than a one or two-word response, and encourage reflection, creativity, and prior knowledge. They also promote the use of advanced language. Asking children open-ended questions starts a conversation and supports brain development. As you implement the lessons provided in this curriculum, be sure to make good use of scaffolding and open-ended questioning. The following resource offers examples of age-appropriate open-ended questions:

Questions to Help Children Think (article) http://www.decal.ga.gov/documents/attachments/Questions_Children_Think.pdf.









The classroom's physical environment, both indoor and outdoor, set the stage for learning. The physical environment sends strong messages to children and adults about what is valued, who is valued, and what learning can occur within the spaces designed. As the teacher, your mindset is visible in the environment. The type of activities and learning that go on are reflective of your mindset. The emotional environment created by the teacher is also important. You should look to see that the values between the physical and emotional environment show consistency.

The majority of a child's day is spent in the physical environment you design. Design your space in a way that offers children the opportunity to feel comfortable owning the space. It is their space as much as yours.

No matter how your space currently looks, you must continuously reflect on the space and use of space to make updates and changes that provide improvement.

When you are in the mindset of a reflective practitioner, nothing is ever indeed "done" or complete. While things should run smoothly, there are always opportunities to improve and enhance your program, thoughts, and experiences for children for this year's particular group of children.

The terms environment and space mean all indoor AND outdoor spaces children use. Sometimes, people consider only indoor space; however, outdoor spaces often have more space and opportunities to create than what may be available indoors. In most parts of the country, outdoor spaces can host a full range of activities, not just gross motor play, throughout the school year.





Designing the Indoor and Outdoor Environment

Here are a few questions to think about as you design your environment, both indoor and outdoor:

Environmental Messages to Children

What messages do I want to send to children about this space? Does a child say/think/feel this in your physical environment?

- This space is mine. It's designed just for me as a preschooler.
- My teacher trusts me to use these materials and put them in my reach so I can have access.
- I know where things are, I can access them, and it makes sense to me.
- I am becoming more independent and want to do things for myself. My classroom has everything organized so I can use what I need and help take car
 - organized so I can use what I need and help take care of the classroom when it is time to clean up.
- I am learning a lot of new things as I become more independent, and my teacher trusts in me.
- I am a competent and capable learner, and my teacher gives experiences to show and grow my learning.
- My teacher listens to my classmates and me. Both our spoken words and non-verbal cues send messages about how we use the physical environment.
- I feel at home here. This is MY classroom.

Environmental Messages to Families

What messages do I want to send to families about this space? How might an adult family member respond to the environment?

- Wow, my child is trusted here.
- Everything is at my child's level so that they can be a part of the action.
- The organization tells me a lot of thought went into this space.
- There seems to be just the right amount out. It's not overwhelming and feels intentional and meaningful in this space. My child can learn and grow, feeling safe here.
- My child, and all children, are represented here (e.g., photographs, books, posters, etc.).











This space tells me that teachers care about my child.

Discovering Current Messages About Physical Environment

What messages are currently sent by the physical environment?

Entry Space

- Does the entry space welcome families? Include images of families, comfortable adult-size furnishings, other pictures, and messages that say, "both you and your child are welcome here."
- Are messages for families framed and phrased in a positive, inclusive way? (e.g., We love our ECDC families. Your family is important to us)
- Even if a program's make-up is not diverse (e.g., race, ethnicity, language, ability), are visuals diverse? Would a potential new diverse family come to visit and feel represented?
- If using bulletin boards, are they current and inclusive of child-created elements? Bulletin boards should be free of faded, torn, or outdated material.
- Is there a current lesson plan posted and dated where families can easily view it. It is fine to post modifications for learning activities in addition to the lesson plan. Still, individual modifications and accommodations must not be displayed, due to confidentiality and legal reasons, including HIPAA and FERPA.

Indoor Furniture and Ambience

- Is the furniture arranged so that there are not large spaces for running indoors?
- Are furniture pieces arranged so that there is line-of-sight supervision for teachers?
- Does the furniture arrangement, including area rugs, help define boundaries of various centers and send visual messages?
- Are there larger, open spaces for centers that need more space to work (e.g., construction/block) and smaller, cozy spaces that allow more personal space to rest and recharge? It can be overwhelming for some children to share space with so many others for so many hours a day.
- Does the classroom utilize daylight from windows, whenever possible?
- Are lamps used to create a homey feel, adjust light levels in the room, and to bring more soft light options than fluorescent lighting can? (pics of hanging lamps, touch lamps, area/bedside lamps in classrooms, twinkle lights)

Outdoor Furniture and Ambience

- Does the space look like the community, using native plants and topography to represent the area? (need pics of this)
- Are steps taken to soften the hardscape by adding soft objects and plants? (images of this)
- How have indoor centers been extended to provide opportunities to continue similar play outdoors (e.g., seating area with books, sensory table, mud kitchen, materials for building, wall/fence painting), and gross motor play?
- Are there spaces for individual or small numbers of children to work and play that offer privacy, space, and supervision?
- In what ways have I maximized the physical space provided to benefit children's development and wellbeing throughout the day?



Materials

- Are materials intentional, meaning there is a purpose to including it in the environment? (e.g., not because it's "cute" or theme-related)
- Are colors used and displayed in meaningful ways, and not overwhelming to the eye?
- Are natural materials and natural colors used?
- Is the space comfortable and homey, not institutional? Remember, children may spend 11 hours a day in this environment.
- Does the space represent the children and families expressly, and the community generally? Ask families to bring in family pictures, share family messages (Tara has some great examples of these), and use the class's children throughout the room. Include puzzles, artifacts, toy people sets, and other toys representing various races, ethnicities, and abilities in positive and affirming ways (e.g., not token or costumed) is essential, even if the group of children and families are not diverse.
- Does the space look like the community? This may include photos of local buildings and locations recognizable to children represented in a homemade book in the construction area, images of the local built environment superimposed on blocks to encourage play.
- Are well-loved materials included, so long that they are in good condition?

Quality and quantity of materials

- There are enough materials for a given center so that multiple children can use materials reasonably.
- Materials include authentic (real) objects whenever possible (e.g., actual kitchen tools and pots and pans in the mud kitchen). While child-size is important, so is authenticity.
- Variety

Living things for children to care for

Plants - There are many hearty plant varieties, including those that may not need much/any light. For
plants at child-level, consider plants that are not poisonous if ingested. Plants can also be on top of
high shelves or hung in baskets to bring nature indoors. Plant

selection is also important outdoors and varies significantly based on your space, location (planting zone), and the sun/ shade available. In many parts of the country, plants are an important part of creating outdoor classroom space. Follow your local licensing rules regarding plants (indoor and outdoor).

- Children should be involved in caring for plants.
- Children must learn how to handle plants so as not to damage them carefully.
- Include books about plant care as references in the classroom.
- Animals Choose classroom pets that you have researched, considering all of the animal's needs. Some choices may include fish, hermit crab, rabbit, guinea pig. For pets that can be petted or handled, consider getting them while young and handling frequently. Follow your local licensing rules regarding pets in your classroom. (any other links - articles about classroom pets, anything from CDC?)
- Children should be involved in caring for the pet(s).
- Children must learn how to treat animals (e.g., don't poke their bodies or faces) and how to read the





- animal's cues (e.g., relaxed versus tense) to have positive experiences.
- Animals must always be handled with adult supervision, and children should wash their hands afterward.
- Include books about animal care (specific to the pet(s) you have) as references.

Accessible Materials

Accessible materials are those which children have access to. Accessible materials are within child reach and at child level. They don't need to ask to get them, because they are accessible. Available materials are those that the teacher has available (e.g., books for new themes or arising interests, additional manipulatives, things to rotate) but they are not out for children to use at their level. Both have their place in a preschool classroom.

- Are materials accessible for children to use (versus adults having to get and control access to materials)?
- Does the room arrangement send messages to children about where to use materials (e.g., a table adjacent to a shelf of manipulatives says this is where to bring the manipulatives, an open floor space near a dollhouse invites children to sit down and play with the dollhouse)?
- Are materials for my use accessible to me, with unsafe materials (e.g., teacher scissors) inaccessible to children?
- Are extra consumable materials readily available for me to restock?
- Are extra non-consumables (e.g., theme-related materials, additional books, props) organized and available, even if not in the classroom / outdoor space?

Intentional Organization

- Can children see, reach, use, and return materials without assistance, promoting independence?
- Are materials organized in logical ways, based on the space/center? (add examples)
- Are all materials purposeful, used, and useful?
- Are unused or unneeded materials removed to prevent clutter and promote the intentional inclusion of materials?

Promoting Independence

- Can the children in my group access the things they need to be successful independently?
- If I provide some support or experiences, how could children become more independent?
- Increasing child control while teachers are in charge
- Does my environment have me controlling what and how children access materials during most of the day, which does not promote independence?
- Have I set up the environment so that children know I am in charge, but they have control over many parts of the day and what/how they interact with the environment?
- Have I included children in setting up the environment?









Designing With Children

Do children have a voice in how the physical environment develops during the year?

- The physical environment continues to grow as the class grows.
- I keep adjusting things (adding, removing) as needed, but not in a way where the environment becomes unpredictable to children.
- I include children in conversations and the work of adjusting the physical environment because it is OUR classroom, not just mine.

Sharing Power With Children In Design of Physical Environment

- Am I willing to give up some control and share power with children in designing the physical environment during the year?
- I am willing to have conversations with children about how the space is working / not working and get feedback from children.
- I am willing to have conversations with families about how the space is working / not working and get feedback from families.
- I am willing to use children's and families' ideas to adjust parts of the environment that are not working for the class.
- I am willing to include children in making adjustments because their input and valuing their voices are vital to their development.

Maximizing Your Space

Ideas for Maximizing Design of Indoor and Outdoor Classroom SpacesEvery physical space, indoor and outdoor, will have its physical challenges and drawbacks. Do your best to take advantage of every space available and maximize its use. Here are a few ideas:

- Design attractive and inviting spaces with available furniture. Remember, less is more.
- Create learning centers with ample storage for materials organized in a way that makes sense.
- Designate a large group gathering area where the entire group can fit comfortably. This is often where block/construction play occurs during center time, due to space needed for this type of play.
- Think of classroom organization as a place for everything and everything in its place.
- Add related materials on Monday, and additional materials on Wednesday, depending upon observations of need and interest. This will encourage exploration and enhance children's learning and curiosity.
- Locate quiet areas apart from noisier ones. Remember, children need variety based on individual needs and preferences and cycles throughout the day. Children spend as many as 11 hours in your







space, which can be overwhelming to certain children.

- Display children's current art throughout the classroom. Be sure it is art rather than craft.
- A well-organized classroom encourages children to interact predictably and efficiently. Predictability in schedule and organization helps children to gain confidence in trust in you and school.
- Set up activities in a way that encourages independence, with materials accessible and organized nearby.
- Design individual workspaces with carpet squares, trays, work mats, etc. This helps to define personal space and sends a message as to how many children can comfortably work in an area.
- Display photographs of children engaged in activities and those of children's families in attractive ways.
- Label shelves and storage containers with words and pictures to encourage independence in getting and returning materials. Write words in languages prevalent in the community, utilizing family/community resources if not within the center staff.
- Create a "lost and found" container for loose objects.
- Promote creativity with a variety of enhancements, including natural materials, found/recyclable materials. Sometimes, these are called loose parts. (can do a whole section on loose parts).
- For teacher-directed activities such as small groups or large groups, organize materials in advance for the task. This reduces child wait-time and enhances attention during teacher-directed activities.
- Use print in meaningful ways, from labeling and organizing materials to children's names and other important words. A print-rich classroom establishes a connection between the spoken word and the written word.

Setting Up Centers

Messaging to Families

Have a space set up where you can easily post messages to families on a dry-erase board. This is often near where sign-in/sign-out occurs, or near the classroom door, depending upon how your building is set up.

General Setup

The classroom must meet the needs of the children who use the space and the teaching staff. Included are essential environmental considerations for several centers and setups, but keep these factors in mind when it comes to classroom setup:

- Remain flexible. Centers and their location can move as it makes sense to do so.
- Materials can move. Materials don't have to "live" in only one area. For example, books belong in every center (examples ahead), clipboards and pencils are useful in multiple spaces.
- Stay organized. Containers (including inventive ones) and labels, and "a space for everything, with everything in its space" help children feel secure knowing there is a plan.
- Less is more. While it is useful to have additional materials to add, what is at children's level (accessible) should be enough without being overwhelming. Having too much out can make clean-up overwhelming.
- Supervision is key. Check your room set-up from several different spaces where you are likely to be when children are throughout the area (indoor and outdoor). While children need and deserve privacy and space, your setup should also allow for manageable supervision without interruption.



Indoor and Outdoor

Many activities can occur both indoors and outdoors.

Infusing literacy and math throughout each center

It is helpful for children to experience literacy and math in meaningful ways. This starts with a classroom set up across centers. Here are a few suggestions:

Literacy

- Include books in every center. (e.g., books featuring cities, farms, buildings in the construction area, books about butterflies or lizards in the sensory/science center)
- Make writing and mark-making central. (e.g., have clipboards and sharpened pencils available to sketch ideas in the construction area, write and make marks, menus, and notes in dramatic play)

Mathematics

- Organize materials to encourage 1:1 correspondence.
- Offer opportunities where counting is logical. (snack, manips, organization like ice cube trays)
- Tools for measuring (measuring spoons and cups, sensory table containers marked with amounts)
- Provocations (how many cubes can you stack?
- Diagrams (about blocks)

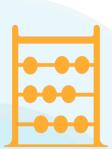
Quiet / relaxation / safe space

- Separated from more active play areas
- Logical space for just a few children
- Soft surfaces and objects, a rug or carpet, stuffed animals and puppets
- Visual sensory toys (e.g., liquid motion sensory toys, sensory bottles, stress balls)
- Pictures and photos of family displayed nicely on a wall, shelf, or binder
- Muted/filtered lighting or controlled lighting (lamps or lights with separate switches, curtains/blinds for windows)
- Cozy space

Construction / blocks

- Shelving for blocks and accessories and containers for accessories
- Organized and labeled blocks (at least two types, enough for a reasonable number of children in the space)
- Accessories that are always accessible, including construction or theme-related books (ideas for books can be found online, such as this resource: https://www.pre-kpages.com/books-blocks-center/)
- Accessories that rotate, with extra accessories available to teachers
- Classmate blocks or cut-outs (samples found here: https://www.pinterest.com/
 pin/383439355756666400/
 and here: https://www.pinterest.com/pin/347903139937541908/)
- Overhead projector for shadow play and projection





Language

& Literacy

Dramatic play

- Shelving and containers for props and supplies
- Housekeeping furniture (e.g., kitchen set, table, and chairs, crib, high chair, broom set)
- Props for multiple themes (e.g., calculators, adding machines, cash registers, notepads and pencils, poker chips, phones, non-theme costumes/accessories)
- Props for specific themes (e.g., family/home, dentist, doctor, office, grocery store, veterinarian), with theme-related books and extra accessories (i.e., prop boxes) available to teachers (Ideas for prop boxes can be found online, such as this resource: https://childcarelounge.com/pages/dramatic-play-and-prop-boxes)
- Science / Sensory Table
- Shelving and containers for science materials
- Space to use materials (e.g., table, floor space)
- Scientific materials for general use (e.g., hand lens, microscope, tweezers, child-safe plants, classroom pets, eye droppers, measuring cups and spoons, magnets, play dough, clipboards and pencils for sketches and plans) (Ideas for science center materials can be found online, such as this resource: https://pocketofpreschool.com/the-science-center-in-my-classroom-is/)
- Scientific materials for specific themes or studies (e.g., books, robots, entomology, nature items, incubator, rocks, seeds, shells), with additional materials available to teachers
- Light table and overhead projector for shadow play and projection experiments

Writing

- Shelving and containers for writing materials
- Space to write (e.g., table or desk and chairs)
- Standard writing materials (e.g., clipboards and pencils, plain copy paper, well-organized markers and crayons, sharpened pencils, erasers, a model of alphabet letters, cards with classmates' names and photos for reference)
- Writing materials for rotation (e.g., alphabet stamps, individual chalk or dry erase boards, specialized paper, cards with theme-related words for reference, envelopes, greeting cards)

Art

- Shelving and containers for organized storage
- Easels (preferably two, side-by-side)
- Areas to dry, store, and display children's work (indoor or outdoor)
- Area to hang smocks
- Nearby access to child-level sink(s)
- Non-consumable materials (e.g., scissors, glue bottles, sponges, paintbrushes in varying sizes, paint cups, smocks, play dough props, stencils, shatterproof mirrors, wire, beads)
- Consumable materials accessible to children (e.g., various types
 of paper, markers, colored pencils, crayons, sharpened pencils,
 various washable paints (purchased or homemade), play dough,
 glue and glue sticks, chalk)
- Consumable and non-consumable materials for rotation,





available to teachers. (Ideas for consumable and non-consumable materials available in online resources, such as https://www.prekinders.com/art-center/)

• Overhead projector for shadow play and projection experimentation with design, light, and color

Gross Motor

- Tricycles and helmets, including trikes with a back seat (e.g., taxi, bus, rickshaw)
- Wagons
- Parachute
- Balls (and air pump/needles)
- Large paintbrushes and rollers (think to paint your house) with buckets to paint water on fences, sidewalks, and building
- Sand toys, including vehicles
- Water table and toys
- Books and a book basket with a handle
- Outdoor easels (or fence surface) for painting
- Items for various uses, such as cones and beanbags
- Natural objects, stored in containers for use (e.g., pine cones, acorns/walnuts/seed pods, seashells, rocks, sticks)Setting up shared-use spaces

Shared Use Spaces

Small Group

- Space and seating for the small group of 3-5 to work with the teacher (e.g., table and chairs, individual mats/carpet squares on the floor)
- Adult-level counter or top of the shelf where the day's prepared small group materials are ready
- Location giving teacher visibility to scan the environment, and providing some separation from other activities

Large Group

- Space and seating for the whole group to gather, with teacher seating visible to the entire group (e.g., carpet for children, with low teacher chair)
- Display/storage space for day's large group materials, preferably movable (e.g., big book display and storage or teacher's learning center/chart stand)
- Access to cued-up music (e.g., CD player / portable Bluetooth speaker connected to iPod/phone)









Environment considerations for mealtimes

- Rolling plastic or metal cart (2-3 levels) that can be in mealtime area as needed, and then rolled out of the way
- Easy access to food, serving containers, utensils, and plates/silverware (e.g., top of shelf/teacher counter, a cart)
- Child-safe space and means to clean and store cleaning supplies
- Appropriate-size seating and chairs to accommodate all children and staff sitting together, including low teacher-size chairs that fit the table
- Close access to child-size handwashing sink(s)
- Plan for how children will clean up (e.g., bus tub for dirty dishes, trash can nearby to scrape plate, dump milk in the sink rather than trash can). Set up the environment according to your plan.

Environment considerations for naptime

- Cots or mats stored on rolling frame/container to reduce staff fatigue and speed process of naptime set-up and clean-up
- Laminated floor plan with a dry erase marker to indicate each child's cot placement available for all staff
- Place children strategically to minimize distractors
- Arrangement to allow easy supervision as the teacher moves around the room
- Play/stream quiet music
- Reduce light (e.g., cover windows, turn main room lights off, use small lamps/night lights as needed)
- Reduce the temperature slightly, if possible

Classroom Environment Resources:

Creating a Yes! Environment: Supporting Creativity and Exploration https://www.naeyc.org/resources/pubs/tyc/feb2019/supporting-creativity-exploration

Inspired by Reggio Emilia: Emergent Curriculum in Relationship-Driven Learning Environments https://www.naeyc.org/resources/pubs/yc/nov2015/emergent-curriculum

What Does a High-Quality Program for Toddlers Look Alike? https://www.naeyc.org/our-work/families/what-does-high-quality-program-for-toddler-look-like

11x: Welcome Children and Families to Your Classroom https://www.naeyc.org/resources/pubs/tyc/jun2009/welcome-children-and-families

Some states will have resources that may be useful, such as these from Louisiana:

Preschool/Pre-K Classroom Pre-Coaching Quality Checklist: http://www.agendaforchildren.org/uploads/documents/tieredta/CLASSROOM%20









QUALITY%20CHECKLIST%20-Preschool.pdf

Infant/Toddler Classroom Pre-Coaching Quality Checklist: http://www.agendaforchildren.org/uploads/documents/tieredta/CLASSROOM%20QUALITY%20CHECKLIST-Infants%20and%20Toddlers.pdf

Technology in the Classroom

It is essential children make digital connections as they are growing up in a digital world. However, technology must be purposeful and intentional as an open-ended tool to extend learning, grow relationships, and share understandings with peers and significant adults (i.e., family and teachers). Technology includes those items that improve the quality of life. Learning Beyond Paper provides

age-appropriate technology connections throughout the

curriculum.

The U.S. Department of Education and the U.S. Department of Health and Human Services collaborated in the development of the Early Learning and Educational Technology Policy Brief in 2016 to promote developmentally appropriate use of technology in homes and early learning settings.

The Departments' four guiding principles for the use of technology with early learners are as follows:

Guiding Principle #1: Technology—when used appropriately—can be a tool for learning.

Guiding Principle #2: Technology should be used to increase access to learning opportunities for all children.

Guiding Principle #3: Technology may be used to strengthen relationships among parents, families, early educators, and young children.

Guiding Principle #4: Technology is more effective for learning when adults and peers interact or co-view with young children.

Guiding Principles for Use of Technology with Early Learners https://tech.ed.gov/earlylearning

Examples of Technology in the preschool classroom

A cash register in the housekeeping center for children to play grocery shopping
Assisting children with using a digital camera to take pictures of their work
Using the computer with a child to search for an age-appropriate website to answer a child's question or interest

Providing a variety of audiobooks/player in your reading center Collect outdated cell phones (take out batteries) for children's exploration

Model appropriate technology behavior

Provide opportunities for children to share technology tools to encourage interactions





Resources

Scholastic.com: Using Technology in the Early Childhood Classroom

National Association for the Education of Young Children: Technology and Young Children

National Association for the Education of Young Children: Technology and Interactive Media as Tools in Early

Childhood Programs Serving Children from Birth to Age 8

National Association for the Education of Young Children: Finding the Education in Educational Technology

with Early Learners

Health and Safety

Teachers are required to follow Health and Safety Policies and Procedures, which address the health and safety of children, families, staff, and volunteers. Child Care programs develop these policies based on the local and state regulatory agencies that approve and monitor childcare programs. Additionally, if you program is accredited, there are health and safety requirements included there as well. Sometimes, nutrition is included with health and safety.

The National Association for the Education of Young Children's accreditation Standard 5 is Health. The Standard is: The program promotes the nutrition and health of children and protects children and staff from illness and injury. Children must be healthy and safe to learn and grow. Programs must be healthy and safe to support children's healthy development. The NAEYC accreditation standards, including what to look for in

an accredited program for each standard, can be found here: https://www.naeyc.org/our-work/families/10-

naeyc-program-standards

In February 2020, the COVID-19 virus resulted in stricter requirements to help stop the spread of the virus, which changed the health and safety guidelines of Child Care program operations. The Center for Disease Control issued guidelines for Childcare providers which can be found here: https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html. Your state and/or regulating body may have additional guidance on the topic of COVID-19.

Health and Safety Practices

As the classroom teacher, you will consistently model health and safety practices that children will take part in to keep everyone in the classroom as healthy and safe as possible. Some policies and procedures may be school-wide or dictated by regulation (i.e., licensing or funding source), and others may be specific to your classroom.

These include health practices and procedures for hand washing, toileting, toothbrushing, sneezing and coughing, nose-blowing, and what to do with objects that have been mouthed. You'll want to make sure you know that safety practices and procedures are for things such as handling scissors, responding to an



evacuation or shelter drill, moving safely in the classroom vs. outdoors, cleaning up a spill or mess, and keep ourselves and our classmates safe. You should expect that you will repeat expectations and model consistently over time. This repetition is typical with young children, so find songs or poems to help everyone remember, and approach it with a cheerful, non-judgemental attitude as you remind and reshare. There are many teachable moments for you to capitalize on when messes occur, or there are missteps. You will want to show as much patience and compassion as possible while teaching children about health and safety throughout the day.

CLASS STRUCTURE

Schedule

Sample 1, 2 are examples of full-day schedules.

Your schedule may vary based on your program's operating hours and needs, but there are essential considerations when developing a schedule. Your schedule must provide:

- blocks of time to enable children opportunities for discovery as they are involved in integrated, active, engaged learning experiences.
- a balance of large group (e.g., together time), small group, individual activities that include child-selected groups, and teacher-selected groups.
- times, when children can work and play together with peers as well as alone (self-selected by the child).
- time planned for physical movement and outdoor activities as well as snacks/meals and rest times.
- a sense of what comes next. A predictable schedule helps children anticipate what will happen, and thus feel more secure.

Tips for developing a schedule

- For shared spaces (e.g., a playground), you will need to plan a program-wide schedule with others.
- · Consider the type of activity and alternate active and passive activities,
- Plan your day, and be organized. Prepare things needed for each part of the schedule in advance (e.g., have your large group book and materials out with music cued up before children come to large group time, ensure paint and brushes are available at the easel before center time, fill the water table before outdoor play begins). This reduces wait time and problem behavior.
- Think about the transitions/ routines throughout your day and allow time for transitions and routines, so children (and you) are not frustrated with unrealistic expectations.

Time Needed for Routine Parts of Day

- Large Group/Together time (10 to 15 minutes each in the morning and toward the end of the day)
- Small group time (10-15 minutes), scheduled small group times
- Learning Center time (at least 45 min each) morning and afternoon
- Outdoor time (30 min each) morning and afternoon
- Snack time (15 minutes each) morning and afternoon



- Lunch (30 min)
- Naptime (at least 90 minutes)

Post your schedule with different audiences in mind, but primarily families and children. Post your schedule with the times for each segment of the day for your families in a conspicuous place. Some programs have a parent information board (pic) or an online place where families can view the schedule (pic). Licensing may also require a schedule to be posted, so be sure to follow any specifications for this.

For children, a visual schedule is necessary and explained in more detail below.

Visual Schedules

Children are visual learners, and creating a visual schedule provides a pictorial representation of what they will be doing throughout the day. It helps children predict what is coming next, which helps children feel safe and secure.





Creating a Visual Schedule

- Pictures should be larger than words. Use stock photos until you take pictures of your children during
 each segment of the day. Use pictures of your actual class to reaffirm and motivate, which is easy to do
 with a digital camera.
- Using 8x11 pictures will allow the children to see the activities efficiently.
- Post at children's eye level preferably left to right (but can be top to bottom/vertical, if space does not allow horizontal placement).
- Place the pictures in a sheet protector so that you can change them more easily.
- Adjust the schedule with additional pages/pictures as needed (e.g., weather, a special activity, field trip).

Using a Visual Schedule

- During the first few weeks, or any time there is a schedule change, talk about the schedule/schedule change, and refer to it during Together Time.
- Go to the visual schedule on the wall frequently to point out what is coming up next.
- Refer to the schedule often so that children begin to use it as a reference too.
- Make your schedule interactive by placing a clothespin or other child-friendly clip on the schedule. Move the clip (or have a child move the clip) as the schedule changes throughout the day. This helps children to understand the movement of time during the day.





Routine Parts of the Day

Together Time

This is a time of building community and sharing as well as learning. To share activities and experiences that:

- Build structure into the program, so the children know what to expect each day.
- Are meaningful to children (e.g., presented for children's benefit and at their level)
- Presented in an engaging way
- Always include movement (e.g., small motor movements like fingerplays, large motor movements like dancing and actions).
- Introduce new concepts or things that are occurring or available (e.g., new materials in centers, change to daily schedule such as a planned fire drill, a new friend has joined the group)
- Share thoughts and ideas, listen and talk to each other, participate in new learning experiences, read together, sing together and interact with one another

Together Time Schedule Frequency and Purpose:

- Twice a day: once in the morning, and once just before time to go home
- Begin the year with 10 minutes and increase to 15 minutes as the children's attention spans increase
- A consistent transition activity to gather and dismiss children
- Alternate active and passive activities

Beginning of the day: This is a large group, teacher-led activity, and occurs in the morning at a time in the schedule when the group has arrived. Use this time to set the tone for the day or week. Establish a routine that includes an opening song or finger play and activities which may also include:

- taking attendance,
- · morning message,
- shared reading,
- introduction to new materials
- time to focus children on the upcoming daily/weekly events,
- create meaningful ways to introduce concepts such as before and after and later and next.

https://www.naeyc.org/sites/default/files/globally-shared/downloads/PDFs/resources/pubs/calendartime.pdf

End of day: This is the second large-group, teacher-led activity. This is time to bring the children together to review the day before the group begins leaving for the day.

Learning Center Time

Learning Centers provide opportunities for exploration as children make decisions (self-direct) about their activity choices, interactions, and direction. They are guiding their learning, with peers or solo. Learning centers should include newly rotated materials weekly, ideally on Monday and mid-week as the play progresses, to keep interest high.

Examples of Learning Centers



- Alphabet Center
- Art Center
- Construction Center
- Dramatic Play Center
- Mathematics/Number Center (often combined with manipulatives)
- Reading/Literacy Center
- Science/Sensory Center
- Writing Center

Schedule Frequency and Purpose:

- Schedule twice daily.
- Length is a minimum of 45 minutes each, with 60 to 90 minutes desirable.
- Children may work in centers they choose, taking into account space considerations.
- Children practice skills they are learning, building relationships with peers, and responsibility for actions and use of materials and space.

Teacher Role:

- Set-up a management system that allows children to rotate freely through centers.
- Establish a clean-up routine.
- Encourage children to explore different centers.
- Interact with children in centers using open-ended questions and open-ended materials, allowing discovery of material use.

Small Group Instruction

- Small Group Instruction times can run concurrently with centers if you have scheduled center time for at least 60 minutes.
- Feel free to incorporate small group instruction throughout the day. Usually, there are no more than three to five children in a small group activity. A small group activity could last about 10 to 15 minutes.
- Small groups can occur concurrently within center time, if Center Time is at least an hour long. If this model is used, the daily schedule and lesson plans should reflect this.
- Small group times provide the teacher with opportunities for close interaction necessary for focused instruction and skills assessment.
- Small Groups are designed to focus on a skill or concept.
- All children may not participate in a small group every day.
- Determine a small group schedule throughout the week for those children in need of reinforcement on that skill or concept.









Outdoor Adventures

- Outdoor Adventures Go outside every day the weather permits. Check your state regulations for the
 minimum amount of time your age group should spend outside. Most, if not all, indoor activities can
 occur outside too. Make your space into an outdoor classroom.
- Play and Learn an outdoor experience where children can engage in supervised free play.
- Walk around and get involved with children's play and conversation.
- Outdoor play supports the development of necessary social skills and gross motor skills.
- Provide materials such as balls, tricycles, and balance beams to encourage movement, and learning center materials to promote constructive play.
- Rotate materials to maintain interest.



- Establishing an arrival routine will provide children with a structure to know what to expect and feel safe at school.
- When children first enter the classroom each morning, they should feel welcomed.
- Each child's individual and past experiences may influence the child's reaction to transitioning from home to school.
 - Whether the children arrive all at once or trickle in, the following tips may help provide a predictable routine to start the school year. Your routine activities will change as children learn and grow. Children will feel successful if they start the day excited to be in school.
- Think of a choice of 3 rituals you could use to greet the children. Include a visual so they can choose which greeting they want to use: handshake, hug, or high five. No-contact options include an air hug, thumbs up, hang loose sign,
- Ask the child, "How do you feel today," and have the child point to the picture of how they feel on a
 poster of faces with different expressions?

Teacher Tips

- Prepare your classroom for the day before the children arriving,
- Greet children and families with a smile and speak their name and add a few words of welcome.
- Avoid making comments about what the child is wearing or how they look.
- Upon arrival, encourage the parent to stay a few minutes and help the child settle in.
- Create a visual picture of the arrival routine.

Morning Routine: (Your routine will be individualized based on your schedule and school policies/procedures).

- Include a sign-in routine, an age-appropriate activity with a variety of writing tools, and large pieces of unlined paper for the beginning of the school year.
- Put personal items in designated cubbies labeled with each child's name
- Wash hands
- Encourage the family member to say a cheery goodbye
- Prepare a variety of tabletop activities available to children





Snack and Meal Time

Snack time is an opportunity for learning in all the domains for learning.

Preschool snacks served at a table allow youngsters to navigate serving themselves food and drinks. Teachers sit and interact with the children focusing on healthy eating and self-help skills (e.g., serving self, opening packaging, feeding self).

Transitions

Transitions are the periods between activities. This is the time for children to interact with the visual schedule. They can use a clothes pin to mark the clip on the next activity or point as they identify the activity which comes next.

Transition songs, chants, rhymes, sounds, and pictures are helpful to children to move to the next activity to assist them with focusing on a smooth transition in a group.

Routines

The schedule is the "big picture" of the main activities you and the children engage in daily. Routines, on the other hand, are the steps done along the way to complete certain portions of the schedule. Routines help provide a pattern and predictability to one's day (Ostrosky, Jung, Hemmeter, & Thomas, 2007).

Examples of routines:

Arrival
Bathroom time
Handwashing
Meals/Snacks
Clean-Up
Naptime
Dismissal

Classroom Rules

- Involve children in creating rules
- Posted rules are positive and use affirmative language.
- The use of pictures will enhance children's readability and understanding.
- A suggested guide for this age is a maximum of four rules.
- Keep the rules short and simple.
- Once you have decided on a set list of rules as a group, reinforce them by walking through each rule.
- Adding picture cues and physical actions to your rules will help the children remember the rules.









• Post the rules in several locations throughout your classroom.

Post at eye level and include visuals with children having diverse skin tones and eye colors.

Sample Schedules

Sample Schedule 1	
8 am to 9	Arrival
9 am to 9:15	Together time
9:30 to 9:45	Small Group
10:00 to 10:15	Snack Time
10:30 to 11:00	Outdoor Time
11:15 to 12:00	Center Time
12:15 to 12:45	Lunch
1:00 to 2:30	Nap Time
2:45 to 3:15	Outdoor time

4:45 to 5:00 Together Time 5:00 to 6 PM Center Time/Dismissal

Small Group Time

Sample Schedule 2

3:30 to 3:45

6:30 am to 8:30 Arrival Breakfast 8:15 to 8:45 9 am to 9:15 **Together Time Small Group** 9:15 to 9:30 **Outdoor Time** 9:45 to 10:15 Center Time 10:30 to 11:30 **Small Group** 11:30 to 11:45 12:00 to 12:30 Lunch 12:45 to 2:15 Nap Time Outdoor time 2:30 to 3:00 3:15 to 3:30 Snack Time 3:45 to 4:00 **Together Time** 4:15 to dismissal **Center Time**

Resources for Schedule, Rituals, and Routines

The Value of Classroom Rituals and Routines: https://www.scholastic.com/teachers/articles/teaching-content/value-classroom-rituals-routines/

Routines, Rituals, and Rules - Can these tools help eliminate behavior issues (PPT slides): https://cms.azed.gov/home/GetDocumentFile?id=5c521df81dcb2513a8973f56

Structure and Routines for a Pre-K Classroom: https://education.seattlepi.com/structure-routines-prek-classroom-5062.html



Classroom Jobs

Starting the day with Together Time creates a sense of community. As members of a community, it is important for children to share the responsibilities of classroom life. Assigning classroom jobs is an ideal way to teach children responsibility and build their confidence. Brain research suggests that providing opportunities to practice decision-making and reasoning skills enhance children's abilities to perform such tasks. Classroom jobs afford children these valuable opportunities while allowing them to rehearse meaningful responsibility by completing jobs that assist their school family (Siegel & Bryson, 2011).

What should you consider?

- Take time to share why it is vital to have a list of classroom jobs and discuss why they matter.
- Ask the children to help you create the list of jobs during the first week of school as you introduce the day's schedule.
- Point out different tasks to add to their list.
- Keep a running list on chart paper and display it prominently.
- Prepare open-ended questions designed to help the children think of jobs they should include on their chart.
- Follow up with why the job is essential and details of how to do the job.
- Assign every child a job.
- The number of jobs listed will depend on the number of children in the class.

Preparation of Chart

- Provide laminated visuals for each job.
- Create and laminate name cards with each child's picture and first name.
- Display the jobs in such a way that every child can quickly identify his or her job title.

Time to get started

- Designate a start date and decide how often jobs will rotate.
- Describe each job and teach children how to do it.
- Provide time to reflect with children about how jobs are going, and if the job needs changes.
- Observe the children's implementation of the job and step in to scaffold if needed.
- Provide daily, specific feedback with examples of what you are seeing that is going well.

Jobs will vary with the needs of individual classrooms. Some suggestions include:

- Song Selector- Chooses a song to sing during together time and background music for center time.
- Librarian- Chooses a book for storytime and is responsible for returning all books in the library center to the shelf.
- Zookeeper-Feeds classroom pet/s and changes water as needed
- Gardener- Waters plants (indoors and outdoors) and weeds as necessary
- Light Monitor-Turns the lights off when the class leaves the classroom and turns them on when they return
- Line Leader- Opens the door and walks at the front of the line.
- Caboose- Closes the door and walks at the back of the line.
- Meteorologist- Observes and reports the weather to the class (may use tools such as rain gauges, windsocks, and thermometers)
- Snack Helper- Counts the number of plates, napkins, or cups needed and passes them out.
- Greeter- Greets peers and visitors as they enter the classroom.



- Good Bye Wisher- Says "goodbye" to visitors as they leave the classroom and wishes them a nice day.
- Hand Sanitizer- Provides a pump of hand sanitizer before or after designated activities.
- Marker Monitor- Monitors markers to be sure that correct lids are on tightly
- Table Washer- Wipes and washes tables after snacks and messy activities
- Playground Supply Managers- Carries playground supplies (balls, sand toys, etc.) outside and collects them when playtime is over.

Reference

Siegel, D. J., & Bryson, T. P. (2011). The whole-brain child: 12 revolutionary strategies to nurture your child's developing mind. New York: Random House.

Creating a Sense of Community

Creating a sense of community should begin from the first day of preschool and continue throughout the year. A new group of children arrives with different interests, abilities, cultures, and families. Many may have experienced child care since they were infants, while others are experiencing it for the first time. How you





meet and greet each child and family is a role model for meeting and greeting their peers. Part of creating a sense of community is to remember that "the teacher is the environment. The teacher creates a sense of community that is equitable for all children.

As a teacher, you will:

- Create a welcoming classroom that reflects and celebrates children's identities, including images of children (e.g., self-portraits) and families (e.g., photos), and offer different opportunities for children to learn about themselves and each other throughout the curriculum
- Show respect for children of different cultural backgrounds in school settings
- Welcome families and children to share their cultural heritages at school-wide events such as cultural fairs or a cultural week and include a sustained focus on children's social identities throughout the year
- Include children's books and media in early childhood classrooms which represent different cultures and diversity
- Are enthusiastic and use positive verbal and nonverbal language
- Empower children to have some influence over decisions in play
- Ensure children have input in curriculum topics, parts of the daily schedule, and creating class rules and job responsibilities
- Give children the space they need to explore, experiment, and make—and learn from—mistakes
- Provide experiences of working together to solve problems in both play and projects
- Understand that a strong classroom community is one in which children feel empowered and valued, and children will learn and grow
- Model behaviors of respect, caring, self-control, and fair decision-making

References:

https://osse.dc.gov/sites/default/files/dc/sites/osse/publication/attachments/DEL_Cultural%20and%20 Linguistic%20Diversity_Creating%20and%20Celebrating%20Diversity.pdf https://www.naeyc.org/our-work/families/10-naeyc-program-standards https://www.edutopia.org/blog/4-approaches-building-positive-community-any-classroom-maurice-elias

Early childhood educators, more than most people, realize that young children do not divide their learning into subjects or neat and tidy lessons. More often than not, learning comes through repeated experiences that build upon past experiences. The scaffolding, modeling, and language support you provide as the teacher is invaluable to each child's development. To provide the best scaffolding and ability for children to reach their full potential, you must understand the standards your program uses well. Often, standards are known as child outcomes or Early Learning and Development Guidelines (ELDG), and these terms are interchangeable in this guide. These will vary from state to state, or even by program funding (i.e., state PreK or Head Start), but these documents have many commonalities.

Linking Standards

See this link for a document including links to ELDGs from various states: https://childcareta.acf.hhs.gov/resource/state-early-learning-standards-and-guidelines. Head Start Early Learning Outcomes Framework (HSELOF) includes the child outcomes used by Head Start programs.



The HSELOF website is here: https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework.

STANDARDS-BASED LEARNING

Linking Standards to the Curriculum

The term intentional has been used repeatedly in this teacher's manual. As a teacher, intentionality and reflective practice are symbiotic - one cannot exist without the other. When thinking about the curriculum, the actual activities and experiences children take part in through the day; it is critical to plan the steps to help children achieve standards (state, local, or program) by the end of the program year. Standards are the finish line, but there are many incremental steps to get to that point.

As the teacher, it is your job to plan, scaffold, and create experiences that tie to the incremental progress children will make through the year. It is never enough that an activity is cute or fun. It must be intentional, meaningful, engaging, and targeted toward building children's competencies: focusing on what each child can do, challenging them, and planning the next steps.

Learning Beyond Paper is designed to scaffold children's skills across domains of development to meet general standards adopted by most states and programs. Your small groups will help you work strategically with children who need additional scaffolding and opportunities for practice.

Complexity and Depth

Within the Learning Beyond Paper preschool curriculum, it is essential to know that all children may not start the school year with the requisite skills and knowledge needed from the prior year. Even if this is the case, it is important to keep expectations



positive and high for children. Children will work up to your expectations and necessary level, with the right encouragement, scaffolding, and modeling, as described in the teacher guide and professional development. While individual children may have challenges, use these challenges to understand how to best support the child's learning rather than to lower expectations for what a child can achieve.

The Scope and Sequence provided is valuable to ensuring that your planning will help typically-developing children are progressing in a way to make sure that they will be able to meet age-appropriate standards by the end of the school year. The Scope and Sequence covers an entire calendar year, and breaks down the year's standard into quarterly targets.

When you think about the topics of scaffolding and the Zone of Proximal Development, presented earlier in this guide, breaking down skills into smaller steps along the way is a way to build competence of skills

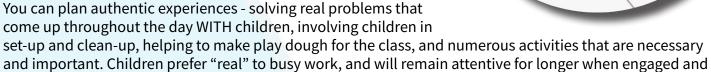


STANDARDS-BASED LEARNING

through practice and building along the way. Imagine if you were going to run a marathon on a certain date, there would be training along the way, building up endurance and distance over time, rather than arriving at the gate expecting to do well without the necessary steps along the way.

Play and Authenticity

Play is the vehicle for learning with young children. Through play, children learn things more quickly in a way that sticks. Play is the manner in which children practice and refine their skills, have fun (a necessary component in learning), and try things they otherwise may not. Vygotsky famously stated, "In play, a child is always above his average age, above his daily behavior; in play, it is as though he were a head taller than himself.



This is not to say that teacher-directed experiences are not important or necessary. There are some skills that are highly unlikely to spontaneously occur during play alone. Skills can be practiced in teacher-directed experiences (e.g. circle time, small groups, or even 1:1 experiences), but still retain the most benefit when this is done in a playful way where children's senses are activated and there is active engagement.

Planning and Reflection

the vision is viewed as important.

You should plan regularly, updating plans based on the curriculum as well as observation of the children in your class. As you complete any progress monitoring or assessment, it is important to use these data to inform your next steps.

Minimally, plan with your colleagues that teach with you in the same class. For maximum benefit, work with the director to determine if planning can occur with other preschool teachers. You can gain efficiency, get additional ideas and insights, and build collaboration in this way.

Throughout the day or by the end of the day, take a few minutes to make notes about the day. Within the week, have a planned time to actively reflect - with colleagues, if possible - on the learning based on what you have planned and how children responded to plans. This involves thinking about the progress of individual children, groups of children, and the group as a whole. It includes you thinking about your perspective, challenging yourself on things that you could do differently or better (even if you don't yet know how to do something differently yet), and reflecting on what went well or what could have gone better. It is not about being critical or judgmental; rather, seeing things accurately and from different lenses.





Teacher Boot Camp is an aspect to be developed in a further iteration. The purpose of this is to help you as a teacher understand the background skills and progressions related to different cognitive, social, emotional, and physical skills typical of preschoolers. The better we understand what we're teaching about, the easier it is to ask the right questions, prepare an activity, or understand when a child may need more practice or opportunity with you in order to gain that skill.

Language and Emergent Literacy

These competencies play a key role in all domains of learning. Skills in this area include expressive and receptive communication, alphabet and print knowledge, phonological awareness, and emergent writing. These foundational concepts prepare preschoolers to be strong readers and effective communicators.

Social-Emotional Learning

Social-Emotional Learning involves establishing a positive sense of self, building, and maintaining relationships with others, expanding concepts of emotional literacy, and enhanced ability to regulate emotions and behavior. Preschoolers develop these essential skills within the context of nurturing relationships. These key skills are essential to a preschooler's ability to learn, work, and play with others.

Approaches To Learning

focuses on the skills and behaviors that children use to engage in learning. These include attitude, initiative, persistence, curiosity, and creativity. Preschoolers use these skills to investigate their environment, focus on new information, enhance existing knowledge and abilities, solve problems, and make sense of the world around them.

Physical Development- addresses the young child's overall health, bodily growth, and increasing control of large and small muscles. The ability to physically interact with their environment supports the preschooler's

positive sense of self and understanding of the world in which they live.

Social Studies- refers to the skills involved in exploring one's social and physical environments. Preschoolers develop an increasing sense of civic competence and as their concept of community broadens and they discover the expectations and responsibilities involved in group membership.

STEAM- encompasses the content areas of Science, Technology, Engineering, the Arts, and Mathematics. STEAM activities foster preschooler's critical thinking and problem-solving skills. As young children engage in these activities, they develop and strengthen mental flexibility and metacognition.





Preschoolers

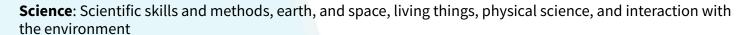
As children play, they investigate the world around them discovering and growing their learning. They learn about cause and effect, use prior knowledge to build new knowledge and problem solve. Children learn from each other as they interact and seek new information. Teachers guide children's STEAM experiences by asking open ended questions to expand their thinking.

It is not using flash cards and dittos!

Children naturally use STEAM skills as they play. STEAM is about asking questions and figuring things out.

STEAM stands for Science, Technology, Engineering, Arts, and Mathematics

Interplay between at least two as learning is fluid.



Technology is more than computers, cell phones and tablets. Technology includes any man-made objects which children use during play.

Engineering: Designing, building, figuring out how things go together as children use materials to create structures

Arts: Self-expression and creativity through the visual arts, music, creative movement, dance, and music.

Mathematics: number and quantity, measurement and comparison, patterns, geometry, and spatial thinking

"Students learn to organize with mathematics, while they research as scientists and historians by using technology so that they can understand and communicate about what is needed and possible in engineering."

(STEAM is EASY and FUN to be a part of!, <u>STEAMedu.com STEAMAbout-More.pdf</u>)

Students use art to express their feelings and ideas on paper, through singing, playing an instrument, movement, drawing and painting.

Learning Beyond Paper provides the teacher with daily STEAM activities to develop STEAM skills. The teacher provides experiences which will support the preschoolers learning by:





- Taking part in the activity and instead of giving answers provide ways for the children to look for answers. "Let's look it up on the internet."
- Using science and math language to build vocabulary.
- Using developmentally appropriate open-ended materials to provide the opportunity for hands-on activities using all senses.
- Providing opportunities for children to observe, predict and experiment.
- Providing opportunities for children to reflect on their discoveries.
- Encouraging children to describe what they have done or are doing by.
- Asking open ended questions to extend their thinking skills.



I wonder what will happen if......? How does it feel? What do you think will happen? What happened?

Why do you think this is happening? What do you think will happen if.....?

- Repeating back what children say to provide opportunities for all children to share ideas "Ronald said we need more cookies. How will we know how many we will need?"
- Making real world connections
- Asking children to help you develop classroom rules by first brainstorming reasons for having rules.
 Chart the answers and add a column for possible solutions. Take a vote to decide on a list of 3 to 5. You may want to share some examples of classroom incidents which point out the need for rules when you first start.
- Providing open ended materials. Items which do not have directions. Children can explore and use their imagination as they use their senses in making decisions and problem solving.

The following questions provide a focus for teachers to choose materials to support STEAM activities.

- Will the materials inspire children's thinking?
- Will the materials provide opportunities for children to learn using their senses in exploration?
- Will the materials expand opportunities for learning in centers?

Resources

Breaking Down STEAM for Young Children _ NAEYC.pdf

Breaking Down STEAM for Young Children. Part 3_Questioning. Asking Questions and Being Problem Solvers_NAEYC.pdf

Explore STEAM with Young Children | Illinois Early Learning Project



Preschool Executive Functions

Executive functions are a set of cognitive abilities involved in important tasks such as regulating emotions, controlling impulses, filtering out distractions, following directions, and adjusting to changing demands.

These abilities are essential to building a strong foundation for the early development of cognitive, physical, and social skills. Executive functions provide essential support for learning, development, and school readiness. There is evidence that they predict academic success better than I.Q. or alphabet, and number knowledge. While children are not born with these important skills, research suggests that the first five years provide a critical period for laying their foundation. They develop through quality interactions, creative play, interesting activities, and daily opportunities for exploration.

The three primary areas of executive functions are inhibitory control, working memory, and cognitive flexibility.

Inhibitory control describes the ability to manage thoughts and impulses. It supports preschoolers as they learn to take turns and follow rules. Young children display this skill when they focus on an activity, wait their turn, and seek teacher assistance to resolve a conflict.

Working memory refers to the capacity to store and manipulate information over time. This skill allows children to follow multi-step directions, remember the actions and words to a familiar song, and easily rejoin a game.

Cognitive flexibility supports preschoolers as they manage transitions, learn to take another's perspective, and adjust to changing demands. Children demonstrate cognitive flexibility when they experiment with different strategies to solve a problem, complete a task, or work out a conflict.

When trusted adults support their efforts, young children are likely to build effective executive functions. Educators and families foster the development of these skills when they:

- Establish and maintain warm and caring relationships with preschoolers.
- Create predictable routines and achievable rules.
- Consider the child's interests and provide engaging activities.
- Model how to behave in different situations.
- Encourage gradual independence and facilitate decision-making.
- Actively teach children how to manage their emotions.
- Plan activities that support creative play and encourage social interaction.
- Narrate the steps involved in an activity.
- Engage children in fingerplays, familiar songs, and predictable stories and rhymes.
- Encourage exploration by providing a variety of engaging materials and fostering an inquiryenvironment.
- Talk with the child often and introduce new words and concepts.
- Play imitation games (e.g., clapping patterns, and Follow the Leader.).



- Encourage participation in clean-up routines.
- Support turn-taking.
- · Play matching, memory, sorting, and patterning games.

Executive function skills develop and strengthen with practice. A preschooler's day should be filled with supportive interactions and opportunities to develop and sharpen these essential skills. Providing child-directed clean-up activities strengthens impulse control and working memory as children are required to

stop what they are doing and put materials back where they belong. Opportunities for children to engage in tasks that require a series of specific steps strengthen their executive functions. As they perform sequences such as proper hand washing, tying a shoe, or completing an obstacle course, they stretch their capacities in the areas of working memory and inhibitory control.

Imaginary play requires preschoolers to take on different roles, draw on existing knowledge and experiences, and adjust to ever-changing scenarios. Children use inhibitory control remain "in character" with their roles. They draw upon cognitive flexibility to respond to peers as the play scenario evolves. Games such as Freeze Dance, Red Light, Green Light, Follow the Leader, and Simon Says help children practice and enhance working memory and inhibitory control. While climbing, balancing, and playing catch support flexible thinking, focus, and persistence.



Games with rules, memory games, turn-taking, and sorting activities encourage preschoolers to filter out distractions, control their impulses, and draw on working memory. Building and Creative Arts activities offer opportunities for children to practice cognitive flexibility. And working with alphabet and print materials fosters working memory. The preschool day is filled with opportunities to support and enhance the important executive functioning skills that children will use to be successful in kindergarten and beyond.

ROLE OF ASSESSMENT

Assessment is an organized way of collecting and measuring information about a particular topic. It plays an integral role in the preschool classroom. Depending on the type utilized, it can yield data that: informs individualized learning goals, shapes classroom instruction, signals the need for further evaluation, or provides suggestions for classroom-wide improvement.

Teaching young children requires a lot of precision. Knowing what to do, when to do it, and generally how to put the pieces together in a way that makes each day full of meaning and opportunity, learning within an emotionally safe space. Teaching is both an art and a craft that can be further honed by continuous learning and reflection cycles.



You may be fortunate enough to have an early childhood coach - either as a separate role or as a part of a position that a director may play. Unlike a sports team or an orchestra conductor, most of your work will not happen in the presence of a coach. There are tools to help you reflect on practices good teachers develop to make children's learning in your classroom the best experience possible.

There are also means to look at quality at a program-wide level. Tools that look at an entire program are also crucial because greater consistency and quality across all classrooms usually means a better experience for children and families. It can say that the workplace's quality is high, and employee satisfaction is essential to further opportunities and keep valued staff working together and moving in the same direction.

Depending on any federal, state, or local funding your program receives, you or your program may be required to use specific tools as a part of your requirements. Even if required, it is crucial to go beyond the mindset of "I completed this requirement." and use both the tool and the data gathered responsibly. Any time that data is collected, you have an ethical responsibility to children to use that data (information) to help improve yourself and the program for the benefit of children's learning and development.

Included are some common classroom-level and program-level assessments, but note this list may not be exhaustive.

Child-Level Progress Monitoring and Assessment

Purpose and Big Picture

Ongoing assessment is an essential component of quality preschool programs. When teachers have detailed knowledge about their student's developmental skill levels, they can more effectively scaffold or differentiate learning. Progress monitoring and assessment, ongoing throughout the year, offer a way to see all aspects of the child's and class' developmental and skill growth throughout the year. You will have an individual relationship with each child, yet it is important to not let that relationship sway your data collection when assessing or using progress monitoring. Remain neutral, with a clear lens. Later, after data collection, you will interpret the results to understand what you have collected.





NAEYC Advancing Equity Recommendations for Early Childhood Educators Observe, Document, and Assess Children's Learning and Development Recognize the potential of your own culture and background affecting your judgment when observing, documenting, and assessing children's behavior, learning, or development. Approach a child's confusing or challenging behavior as an opportunity for inquiry. Consider whether these may be behaviors that work well for the child's own home or community context but differ or conflict with your family culture and/or the culture of your setting. How can you adapt your own expectations and learning environment to incorporate each child's cultural way of being? Also, consider the societal and structural perspectives: How might poverty, trauma, inequities, and other adverse conditions affect how children negotiate and respond to their world? How can you help each child build resilience?

Use authentic assessments that seek to identify children's strengths and provide a well-rounded picture of development. For children whose first language is not English, conduct assessments in as many of the children's home languages as possible. If you are required to use an assessment tool that has not been established as reliable or valid for the characteristics of a given child, recognize the limitations of the findings and strive to make sure they are not used as a key factor in high-stakes decisions.

Focus on strengths. Develop the skill to observe a child's environment from the child's perspective. Seek to change what you can about your own behaviors to support that child instead of expecting the child to change first. Recognize that it is often easier to focus on what a child isn't doing compared with peers than it is to see what that child can do in a given context (or could do with support). https://www.naeyc.org/resources/position-statements/equity/recommendations-ECE

Types of Assessment and Progress Monitoring

Progress monitoring assessments:

Anecdotal Notes - Narrative writing about exactly what is seen as a child is playing or working. **Checklists** - A means of noting if a child has completed something, or has a level of skill (e.g., not yet, progressing, mastered)

Screenings - provide a "developmental snapshot" of the child, based upon defined standards. They yield information that helps determine individualized learning objectives and the need for formal evaluation **Work Samples** - A child's work, dated, related to some aspect of development or a standard. Work Samples are sometimes called artifacts, such as a piece of artwork, a photograph of a block structure, a picture, or an audio or video clip.

Using Child-Level Assessment Results

Sometimes, various assessments are required to satisfy a supervisor or a funding source. Regardless of the "why" - when data - any sort of assessment or progress monitoring - is collected on a child, you have an ethical responsibility to maintain confidentiality of individual results AND to use that information to benefit the child. It is important to look at various (multiple) data points to see what story the data tells. This is often called triangulating data. Is the child progressing as expected, experiencing unexpected challenges in



one area or another? We do not want to depend upon one data point, as it may or may not be an accurate depiction of the child.

It is important to look at individual child results AND aggregate results (look at the entire class) too. This will help you understand where the class is as a whole, which children may need more support in small groups, or if there is a child struggling that may need a different look to understand them better.

These results should be intentionally used as a part of planning. If reviewing and interpreting data is new to you, don't worry. Everyone must start somewhere. Practice makes permanence. Ask your director or a more experienced staff person for support too. This is also an advantage of planning in collaboration with other teachers, because this opportunity can be a place where assessment results are discussed, confidentially, to increase understanding.



Learning Beyond Paper Progress Monitoring

The LBP Progress Monitoring Tool should be used as described in the Professional Development to understand how children are growing and learning in your classroom. We always want to look at children with a strengths-based perspective - what they CAN do, where their strengths ARE - and build from this. If a child doesn't have a skill, we frame it as "not yet" - indicating a positive frame of reference ("You can't do it yet, but you'll get it. We are going to work on it").

Ages and Stages Questionnaires (ASQ)

The Ages and Stages Questionnaires-3 (ASQ-3) is a very useful tool, based on the child's age, to understand and support healthy child development. It is not specific to a particular curriculum or approach.

The ASQ-3 is a comprehensive screening tool that covers 5 developmental areas: communication, gross motor, fine motor, problem solving, and personal-social. There are 6 questions per area, and it is rated yes, sometimes, and not yet. The ASQ-3 can be completed by the parent or caregiver - or both. At the preschool level, ASQ-3 is available every 6 months, at 36, 42, 48, 54, and 60 months. The ASQ-3 is currently available in English, Spanish, Arabic, Chinese, French, and Vietnamese.

A second, dedicated screening tool, Ages and Stages Questionnaires: Social-Emotional, Second Edition (ASQ:SE-2) is available to better understand a child's social-emotional development in the areas of self-regulation, compliance, social-communication, adaptive functioning, autonomy, affect, and interaction with people. The ASQ:SE-2 is completed by a parent. At the preschool level, the ASQ:SE-2 is available at the 36, 48, and 60 month intervals. It is available in English, Arabic, French, and Spanish. It is rated by the parent as "often or always," "sometimes," or "rarely or never."

Both tools can be used as a paper version or online. The tools have been rigorously tested and can help identify a child who may be at risk for developmental delays.

For more information and purchase of materials and professional development, start at this website: https://



agesandstages.com/.

Classroom-Level AssessmentsCLASS (Classroom Assessment Scoring System) Tool

The CLASS tool measures caregiver interactions from birth through 12th grade. There are different iterations for various age groups. A caregiver can be in either a home or classroom setting, and denotes the process of teachers and caregivers interacting with children, separate from the content taught.

CLASS is essential because it looks at the experienced interactions a child may have throughout the day with all staff in the classroom - it measures the "how" teachers are going about their practice rather than "what" they are teaching. Children learn from those they have a relationship connection to, which amplifies why the "how" is very important to children's learning. Relationships are the heart of successful interactions that lead to positive development and learning for children.

Using the CLASS tool to understand how well a classroom is interacting, and to drive teachers to improve their interactions, can be an essential step in making a good preschool classroom GREAT. For children, teachers who promote interactions can make each day better for young children's learning. Higher quality interactions promote greater readiness for kindergarten and better success down the road - fewer repeated grades, higher graduation rates, and more likely to attend college.

The Pre-K CLASS tool is designed for use in preschool classrooms with 3- and 4-year-olds. Organized around three main areas called domains: emotional/behavioral support, classroom organization, and instructional support, each domain has various dimensions that include items looking more precisely at teacher interactions with young children. Each item (42 total), dimension, and the overall score is on a scale from 1 to 7, with scores in the 1-2 range as low, scores in the 3-5 range as middle, and scores of 6-7 as high.

Certain domains and dimensions are easier to score higher on, while others are more challenging to score high on.

Getting Started with CLASS

Your classroom can get started by having a Pre-K CLASS observer come to complete an assessment. The Director often organizes observations, as often a program will have every classroom observed. The assessment will typically take a couple of hours, with the observer carefully watching teachers interact with children throughout the day's routine and taking some breaks from observation. The observer will take notes while trying to remain neutral (not interacting) with children and teachers.

If you haven't taken part in observations much, it can feel a bit nerve-wracking, but try your best to go about your day as naturally as possible. Be yourself. The observer is not looking for perfection from you or your children. Conversely, the observer is looking at how you handle the day and what occurs in a preschool classroom. Your children will notice and react or interact differently than you usually do.

Receiving Your Pre-K CLASS Results

The CLASS observation will generate a rating for each dimension and an overall Pre-K CLASS score for the classroom. If the classroom has more than one teacher, the rating is based on all teachers, as children experience interactions from all teachers in the classroom.



Regardless of the classroom's rating, it is essential to note that having a starting point - a baseline - is vital to growth. CLASS is about observed practice, not your value. Don't take it personally, even though it can feel personal because teaching is a very personal calling.

You are on a path to improving - all professionals should continue to improve. You need to know where you

are so that you can make a plan for where you would like to go - where you would like to grow.

Remember, there are some domains and dimensions that are easier to score higher on, while others are challenging to score high on. Most importantly, though, some small improvements to interactions can have grand changes in children's outcomes. Keep focusing on how to improve your "how" by taking part in training such as MMCI (Making the Most of Childhood Interactions), or other opportunities available in person or online from Teachstone-approved trainers.

For more information and purchase of materials and professional development, start at this website: https://teachstone.com/.



Environmental Rating Scales

Environmental rating scales look at the quality of a group program for a particular age of children. The Early Childhood Environmental Rating Scale(R), Third Edition (ECERS-3) is a tool to assess preschool classrooms (ages 3-5).

Like CLASS, ECERS-3 is observational and uses a trained observer. The ECERS-3 includes six areas - subscales that look at a total of 35 items. The subscales are space and furnishings, personal care routines, language and literacy, learning activities, interaction, and program structure.

The results of the ECERS-3 can give a teacher information about how to improve their program to benefit children's experience. It can also shed light for a director to better understand the classroom environment and workplace characteristics (e.g., dedicated break room or planning time away from children) that are important to staff longevity.

There are ERS for infant and toddler classrooms, school-age programs, and family child care homes. Some programs use ERS and CLASS in combination to have a multifocal lens on their program's quality. More information about environmental rating scales, including the purchase of materials and professional development, can be found here: https://ers.fpg.unc.edu/environment-rating-scales.



Program-Level Assessment

Program-level assessments are important to program-wide reflection and change, viewing cross-classroom inconsistencies, and gathering information from varying sources. A program-level assessment usually follows a periodic basis (e.g., annual, semi-annual) as a way to take a pulse of the program. Some program-level assessments are used in conjunction with one another, or with classroom-level assessments to give a complete picture of how the program as a whole and parts are functioning. Early Education Essential Survey

The Early Education Essentials Survey, developed by the Ounce of Prevention Fund with the University of Chicago, is a newer tool developed to look at organizational conditions needed to grow quality to a level where the children benefit at the levels research shows are possible. Modeled after an elementary-age tool initially designed around the research on school improvement, the Early Education Essential Survey documents strong research.

This tool surveys teachers/staff as well as parents. The surveys, conducted with the University of Chicago, measure organizational conditions around six components or relational trust: effective instructional leaders, collaborative teachers, involved families, supportive environment, ambitious instruction, and parent voice. The resulting reports and data-use and improvement tools to make plans for change and improvement over time.

More information about the Early Education Essentials Survey can be found here: https://www.theounce.org/early-education-essentials/.

Program Quality Assessments (PQAs)

The Program Quality Assessment (PQA), developed by High Scope, has several iterations (i.e., infant-toddler, preschool, family childcare). PQAs have seven domains to review program quality and teacher strengths: learning environment, daily routine, adult-child interaction, curriculum planning and assessment, parent involvement and family services, staff qualifications and development, and program management.

Information about the PQAs can be found here: https://highscope.org/our-practice/child-assessment/pqa/.

Program Accreditation

Early Childhood Program Accreditation is a way for your program to self-reflect on practices. When ready, an outside entity (reviewer(s)) will evaluate the quality of your program based on its criteria. If your program selects a reputable accreditation, it may attract families and high-quality staff. Program accreditation may also be used in your state to determine funding levels or other criteria related to a local, state, or federal funding stream. If so, the funding stream usually determines the accreditation bodies that it accepts, so be sure the program accreditation your program seeks is on the approved list, if such a list exists.

NAEYC Early Learning Program Accreditation

The NAEYC program accreditation has been around for more than 30 years. There are four stages: enroll and self-study, apply and self-assess, candidate for the site visit, and maintain accreditation. View the ten program standards central to the current accreditation model here: https://www.naeyc.org/sites/default/



files/globally-shared/downloads/PDFs/accreditation/early-learning/overview_of_the_standards.pdf.

For detailed information about NAEYC's program accreditation, please go here: https://www.naeyc.org/accreditation, please go here: https://www.naeyc.org/accreditation, accreditation/early-learning-program-accreditation.

Accredited Professional Preschool Learning Environment (APPLE)

APPLE accreditation has existed for more than 20 years and focuses on balancing quality standards and the financial impact of implementing quality standards. There are five steps: enroll, self-study, on-site verification, accreditation, and accreditation continuance. Find information about APPLE here: https://www.faccm.org/about-apple/.

FAMILY ENGAGEMENT

The family is the key to building a relationship with children in your preschool classroom. We value the family as the child's first teacher. The child's family has the information needed to provide a safe, nurturing, learning environment where the child's individual needs are met.

Engaging families builds a partnership where there is trust, respect, and a common goal of positive communication to meet the child's needs. As you learn more and more about the child and family, the relationship becomes stronger and positively supports the child's growth and development. Family engagement starts with an understanding that families are diverse and interactions and opportunities for involvement need to support individual family choices.

A partnership is when each party has the opportunity to be involved in decision making when asking for a commitment of time and involvement in program activities.









NAEYC Advancing Equity Recommendations for Early Childhood Educators Establish Reciprocal Relationships with Families

Embrace the primary role of families in children's development and learning. Recognize and acknowledge family members based on how families define their members and their roles. Seek to learn about and honor each family's child-rearing values, languages (including dialects), and culture. Gather information about the hopes and expectations families have for their children's behavior, learning, and development so that you can support their goals. Uphold every family's right to make decisions for and with their children. If a family's desire appears to conflict with your professional knowledge or presents an ethical dilemma, work with the family to learn more, identify common goals, and strive to establish mutually acceptable strategies.

Be curious, making time to learn about the families with whom you work. This includes learning about their languages, customs, activities, values, and beliefs so you can provide a culturally and linguistically responsive and sustaining learning environment. It requires intentionally reaching out to families who, for a range of reasons, may not initiate or respond to traditional approaches (e.g., paper and pencil/electronic surveys, invitations to open houses, parent—teacher conferences) to interact with educators.

Maintain consistently high expectations for family involvement, being open to multiple and varied forms of engagement and providing intentional and responsive supports. Ask families how they would like to be involved and what supports may be helpful. Families may face challenges (e.g., fear due to immigration status, less flexibility during the workday, child care or transportation issues) that may require a variety of approaches to building engagement. Recognize that it is your responsibility as an educator to connect with families successfully so that you can provide the most culturally and linguistically sustaining learning environment for each child.

Communicate the value of multilingualism to all families. All children benefit from the social and cognitive advantages of multilingualism and multiliteracy. Make sure families of emergent bilinguals understand the academic benefits and the significance of supporting their child's home language as English is introduced through the early childhood program, to ensure their children develop into fully bilingual and biliterate adults.

https://www.naeyc.org/resources/position-statements/equity/recommendations-ECE

Beginning the Year

Starting the year on the right foot by focusing on building the relationship. This begins when the child joins your program, regardless of the time of year. It also occurs when the child transitions to a new classroom. They may have familiarity with the program, but each new set of teachers must develop or strengthen their connections with families. Getting to know each child's personality and strengths with the support of their family helps you plan better, because you can know the child, their interests, and what their family knows about how to work with their preschooler best.

Teachers need to develop their plan, with guidance from the program's leadership, and make it their own. One valuable strategy that many programs use is to have consistency in activities, such as open houses



and conferences, sending consistent messaging to families about the class' activities, or daily processes - and also room for teachers to individualize their approach within the classroom. This way, there is some consistency for families as children advance from class to class, or for families who have children in multiple rooms - and opportunity for an individual teacher personalization.

Connecting Strategies

Here are some common, positive strategies to building a positive connection with the families of the children you teach.

- Send a Welcome letter to the family prior to the beginning of the program.
- Schedule a time to meet with the family to find out about their child's daily routines and interests.
- If you do not speak the families' language check with your Director to request a translator.
- Ask families their preferred name and how to pronounce (if needed).
- Express your goal of wishing to be a partner in their child's learning experiences.
- Ask open -ended questions to learn more about the child's schedule, needs, and interests.
- Ask families their preferred method of communication to ensure home and program information is shared daily at the beginning and end of the day.
- Introduce the family to all adults who are assigned to their child's room.
- Post pictures of room staff and provide a short biography.
- Ask the family for a picture to display on a family board.
- Smile and make eye contact as you greet the family by name.
- At the end of each day share something positive about the child that happened during the day.
- Remind families they are always welcome to visit.

Authenticity

Partnering with families with authenticity is both a disposition and a belief. As a disposition, you are intentional with strategies to connect with families, and believe they are a partner who brings value to your work and into the life of their preschooler. When authenticity is a belief, you will have a true desire to partner with the family.

For a teacher, being authentic means you continually work to build and maintain trust in the partnership and a desire to provide a quality program for the child in a safe, nurturing environment where the child's/family's needs and interests are priority. Relationships have their ups and downs, and partnering with families is no different. As an authentic and intentional partner, you strive to maintain relationships, make changes as needed, and agree with the family to keep the child as the focus. The stronger your connection is with a family, the easier it is to have conversations when the topic is not as light-hearted - such as if there are developmental concerns or anything a family may be more sensitive about.

Partnering

The following are strategies for partnering with families in an authentic and genuine way, particularly when you need to communicate with them about their preschooler:

- When communicating with families, make a list of points you wish to cover.
- Introduce yourself and share the purpose of the communication. Is it to share information (more one-



way) or discuss a concern?

- Begin your sentences with genuine positive points about their child and use "I" statements such as "I have noticed", "I am wondering", "I am concerned", this is less likely to cause defensiveness.
- Be sure to reinforce that you recognize the family is their child's first teacher and as an educator the knowledge they can provide is important to the child's progress.
- Listen first, maintain eye contact, and respond by restating what you believe was shared.
- Invite families to take part in decision making when discussing a concern.
- Send a follow-up email thanking the family for taking the time to meet with you summarizing decisions which may have been made.
- Reflect weekly on the ways you have reached out to families in building a positive relationship.

Understanding Perspectives

Developing a positive relationship with families starts with empathy. Consider the perspective of a family who is dropping off their child for the first time trusting they will be in a safe, nurturing environment. Additionally, family perspectives come from the parent(s) and their unique experiences related to where and how they were raised, including cultural and religious beliefs. Sometimes, it is easy to connect with families who are similar to you in one way or another, but ALL families and children you work with deserve understanding and differences in perspectives is healthy. Remember that as a professional, you have an obligation to work well with children's families as the child's first - and most important - teacher.

What is empathy? Here are two definitions related to the early childhood education profession:

"Empathy is the ability to feel what the child or family member is feeling, understand what the child or family member is feeling, communicate that understanding to them, and then respond in ways that meet their needs."

(Peck, Maude, Brotherson. (2015). Understanding Preschool Teachers' Perspectives on Empathy: A Qualitative Inquiry. Early Childhood Education Journal, 43, 169-179. Retrieved from: https://link.springer.com/article/10.1007/s10643-014-0648-3#ref-CR6)

"Empathy also helps us understand people whose values, views, and behaviors are different from our own."

(Calloway-Thomas, C. (2010). Empathy in the global world: An intercultural perspective. Thousand Oaks, CA: Sage. Retrieved from: https://link.springer.com/article/10.1007/s10643-014-0648-3#ref-CR6).

Perspective-Building Strategies

- Practice "reading" non-verbal messages from families, with the understanding that non-verbal messages can be different from region to region, or based on cultural background.
- Get to know your own non-verbal messages. Sometimes, if what we hear is not similar to our own
 experience, our faces or body reacts in a way that sends a message of non-acceptance or discomfort.
 Practice keeping neutral or positive non-verbal messaging, so that there is not unintentional judgement
 felt by a family.
- Invite families to share information about themselves and their child by asking them to complete a



survey. Ask your Director for assistance in developing a survey if the program does not presently have one.

- Ask open-ended questions to provide the family with the opportunity to choose what they wish to share about their family structure, culture, interests, hobbies.
- Create a welcoming atmosphere for everyone and celebrate who they are similarities and differences.
- Consider families as a partner in decision making as they know their child's strengths and needs.
- A list of community agencies might be helpful to connect families to resources when families express a need.

Teachers and Families: Many Languages

Developing a partnership with families requires an ability for the teacher and family to listen, comprehend and respond with one another. You may or may not speak the language(s) of the children and families you work with. Even if you do not, you can be open to connecting with the family, even though additional strategies and effort will be required on both ends.

When there is a language barrier there needs to be accommodations to ensure lines of communication are open in both directions. The challenge is that you speak a different language than the family, not that they don't speak your language - an important perspective, especially if you speak the dominant language and the family does not. For example, you can say, "I speak English, and the family speaks a Mayan dialect," rather than "They don't speak English." This reframes the challenge as a need to find ways of communicating rather than a dominance for one language over another.

The United States is unique in that there is not a national language, and in the past many decades, the understanding of keeping home or cultural language, while learning the language(s) in the geographic area you reside in both have value. Home language is a part of a child's roots - a connection to the family you see as well as their ancestors.



Language-Related Strategies

- Collaborate with agencies serving families who may not speak the dominant language to access resources for yourself as you begin your journey to develop a partnership demonstrating an authentic interest in learning about each family's culture. Sometimes, these agencies offer translation services.
- Demonstrate authenticity by creating an environment where families/children see a reflection of themselves through pictures, toys, books, learning experiences.
- Begin to learn phrases of greeting in the family's language and each day make a point to connect with the family for an informal chat.
- If you do not speak the child's language, find out some important basic words, such as hello, hungry/eat,



thirsty/drink, bathroom, outside, inside, so that you can understand the child's basic needs. Write the words/phrases phonetically (how they sound) so that you can practice using them.

- Use visuals to aid communicating, and speak slower than normal pace if a family member understands some of your language. As someone is learning another language, it may be understandable to them if at a slower pace.
- Get suggestions from families of music you can play during greeting time that they find welcoming.
- Post signs in languages of the families you serve.
- Translate forms used in your classroom into languages of families you serve.
- Work with your program administrator to have a staff person who speaks a common language with
 families or a translator available for parent meetings, or even better, each day at drop off and pick-up
 times, in order to ensure clear and timely communication. If your program has many different languages
 represented, this becomes a bit more challenging, but it is important to coordinate with intentionality
 and shows an effort to create equity.
- Don't give up. Be open to continuing to find better and better solutions, learning more, and keeping the child's growth and development needs at the heart of things. Your intentional effort is likely to be recognized by the family, even if there are challenges or misunderstandings that may occur.
- Look for resources, such as the two listed below, for different ideas to create a warm, inviting environment for your families. Resource Titles:
- Look to great Making Students and Families Feel Welcome (https://www.colorincolorado.org/immigration/guide/welcome)
- Many Languages, One Classroom: Supporting Children in Superdiverse Settings (https://www.naeyc.org/resources/pubs/tyc/dec2018/supporting-children-superdiverse-settings)











For additional helpful information and links, visit the "Resources" section of the Teacher's Guide online.

